

POTENTIAL ACTIVE PACKAGING FILMS TO PREVENT SUNFLOWER OIL OXIDATION



LIMENTOS PARA EL DESARROLLO

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of the need INTRODUCTION

MRL. Description

Sunflower oil is an unsaturated mixture of mainly oleic and linoleic acid fatty acids [1]. Their rapid oxidation can modify negatively the organoleptic properties of the product. Synthetic antioxidants, such as BHA, BHT and have been used as sunflower oil additives. TBHQ* However, substantial efforts have been focused on the replacement of these conventional additives for natural antioxidant compounds. Eugenol (E) is a natural phenolic compound with effective antimicrobial and antioxidant properties [2].



However, it is difficult to handle due to its limited water solubility and it is susceptible of losing functionality during its processing. These drawbacks could be minimised by encapsulating eugenol, and also could be incorporated into bioactive films to be used for food preservation [3].





Furthermore, there is an increasing interest on replacing the conventional commercial plastics used in food packaging (e.g. PE, PVC or PET**) with natural and biodegradable packaging materials, such as corn starch, which could also contain active compounds. These synthetic materials have some drawbacks, such as their relatively limited barrier properties as compared to glass and their impact on the environment [4].



The aim of this work was to evaluate the antioxidant power of starch bags containing encapsulated eugenol in lecithin and oleic acid (EOA-LE-S) on the protection of sunflower oil through the analysis of the evolution of peroxide index (PV). Moreover, the antioxidant effect of this package was compared with a commercial low-density polyethylene packaging (PE), starch Figure 6. Peroxide index (PV) (mEq O₂/Kg) (A); conjugated dienes (B) and conjugated trienes (C) (in g/100g) of sunflower oil.

MRL. Run a campaign

with stakeholders

accelerated storage conditions.

POTENTIAL APPLICATION

INCORPORATION OF THE ANTIOXIDANT FILM INTO MULTILAYER PACKAGING MATERIALS AGAINST VEGETABLE OILS OXIDATION

2. Emergent biodegradable materials, as the one developed here, usually present poor mechanical properties.

> **Biodegradable material** Adhesive polymer Aluminium toil Paper board Polyethylene lamination

3. The incorporation of these active biodegradable materials into conventional multilayer packaging will solve their mechanical drawback and, at the same time, will provide natural compounds with functional properties to enhance food quality.

MRL

film without E (S) and an open control (OC).

[1] Anushree et al. (2017). *Agron Sustain Dev*, 37(3), 18 [2] Chatterjee & Bhattacharjee (2013). *J Food Eng*, 117(4), 545-550 [3] Valencia-Sullca et al. (2016). Polym Int, 65(8), 979-987 [4] Kucuk & Caner (2005). J Food Lipids, 12(3), 222-231 [5] Galarza et al. (2017). *Food Hydrocolloid*, 65, 96-106

* Butylated hydroxyanisole (BHA), butylated hydroxytoluene (BHT) and tert-butyl hydroquinone (TBHQ)

** Polyethylene (PE), polyvinylchoride (PVC) and polyethylenetetraphthalate (PET)

Figure 7. Typical materials used in multilayer systems for food packaging.

1. Conventional packaging materials for food preservation are very commonly composed of multilayers.



Figure 8. Schematic overview of Market Readiness Levels (MRL). Source: CloudWATCH2. Website: http://www.cloudwatchhub.eu

CONCLUSIONS

The use of active starch films incorporating encapsulated eugenol seems to be an effective package to prevent sunflower oil oxidation and could be used for individual doses of oil which have a market demand. Further research is needed to test the active packaging material in real conditions.

