

# Moisture Absorption Kinetics of Active Absorbing Pads

Graziele G. Bovi and Pramod V. Mahajan

[gbovi@atb-potsdam.de](mailto:gbovi@atb-potsdam.de) and [pmahajan@atb-potsdam.de](mailto:pmahajan@atb-potsdam.de)

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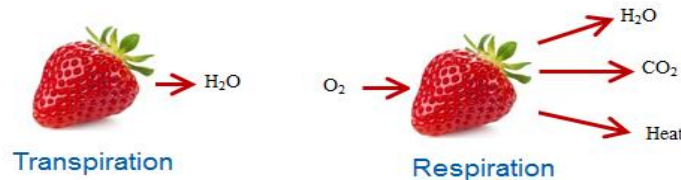
Leibniz Institute for  
Agricultural Engineering  
and Bioeconomy (ATB)

- Introduction
- Kinetics of active absorbing pads
- Performance evaluation pads with strawberries
- Highlight of topics that are currently being worked on at ATB

# Fresh produce: alive products



- Remain metabolically active
- Highly perishable commodities
- Continue to lose water due to transpiration and indirectly due respiration (heat generation)



# Effects of water loss in fresh produce

- Defects in the external appearance:



- wilting



- shriveling



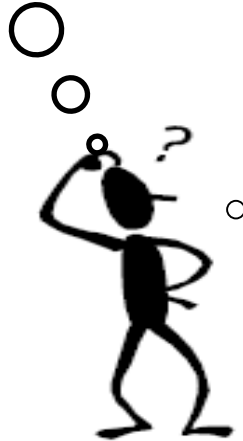
- texture softening

- Economic loss:



- direct reduction in saleable mass

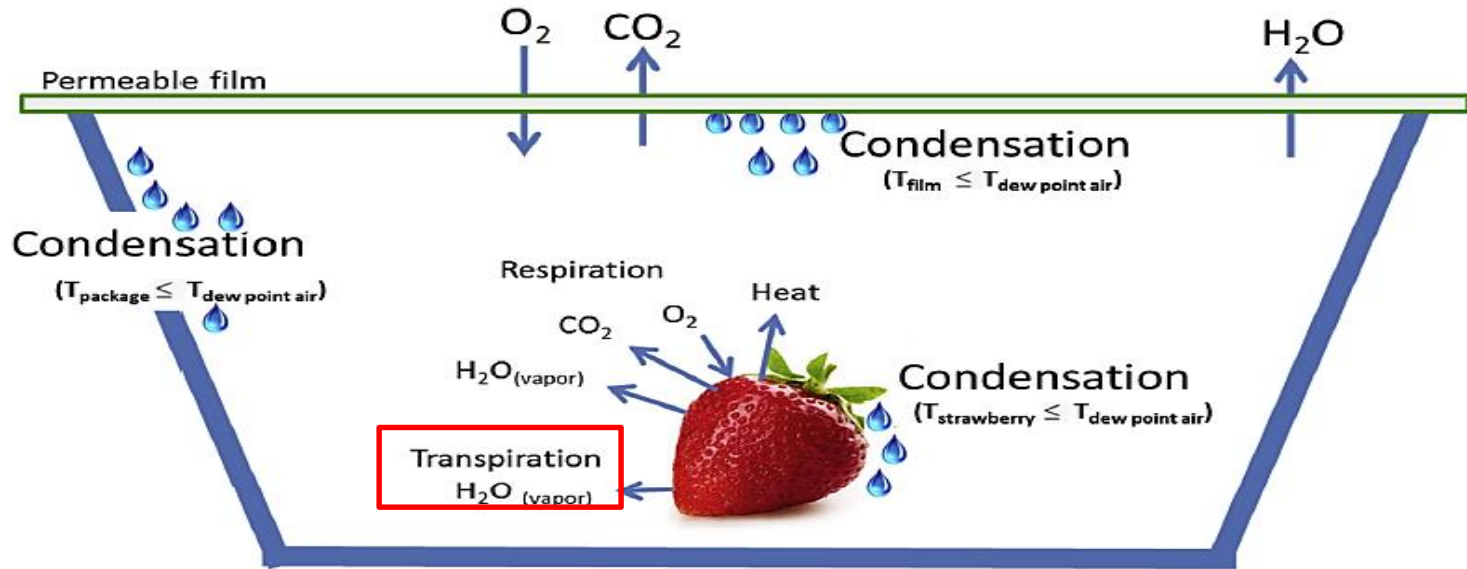
# How to reduce water loss of fresh produce?



Modified atmosphere packaging (MAP)  
helps to reduce water loss...



# Packing a living product: Challenges



**Figure 1** Moisture condensation dynamics.

## Causes of water in packaged fresh produce:

- Transpiration (directly) and respiration (indirectly)
- Temperature fluctuation throughout the supply chain
- Low permeability to water vapor of the packaging material

# Problem: Condensation

- Bad appearance
- Leads to accelerate microbial decay:
  - growth of fungal and bacterial pathogens



**Existing MAP concept needs further optimization to a MAHP**

# Modified Atmosphere and Humidity Packaging (MAHP)

- Integrates humidity control measures and/or strategies to control condensation
- Challenge: Finding a balance

## **High humidity**

Conditions favourable for microbial growth



## **Low humidity**

Leads to water loss and shrinkage



# Strategies to reduce condensation...

Past

Macro-perforations

- Big holes
- Reduce condensation
- **But no MAP**



Present

Highly permeable films

- Suitable for MAP applications (e.g. Xtend and Natureflex)
- **But excessive mass loss**

Xtend®



Water contact absorber

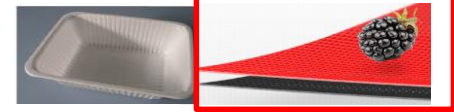
- Remove excess liquid (e.g. meat)
- **But only absorbs water in direct contact**



Future

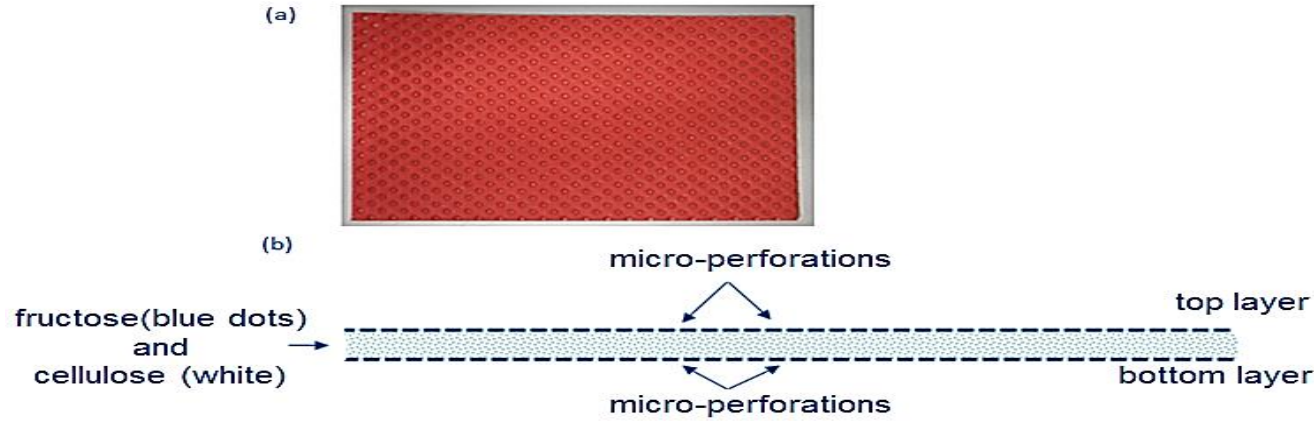
Water non-contact absorber

- Attracts and holds water molecules (e.g. humidity regulating trays and FruitPads)
- **Absorbs water vapor in the headspace**



- Kinetics of moisture absorption of active absorbing pads
  - > Temperature: 4, 12, 20 °C
  - > RH: 76, 86, 96, 100 %RH
- Performance evaluation of the active absorbing pads with strawberry

# Active absorbing pads: FruitPads



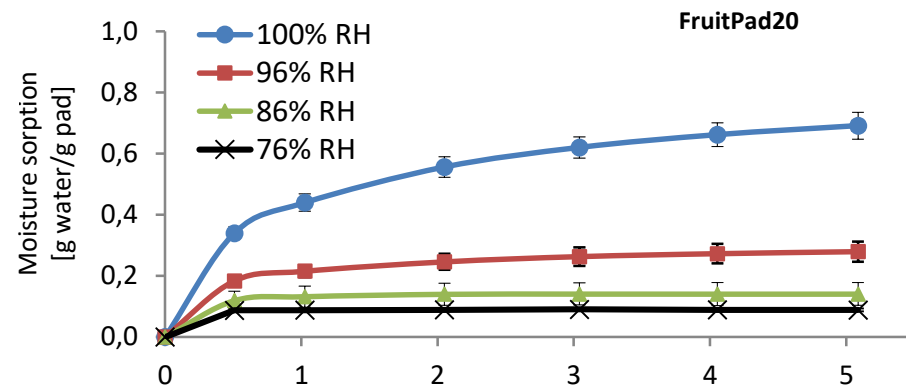
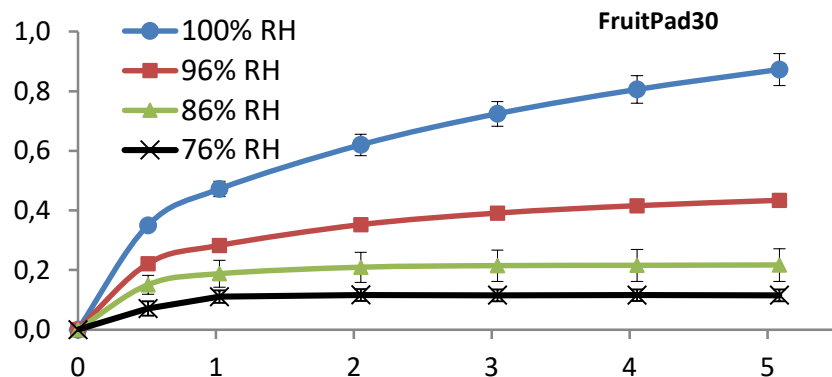
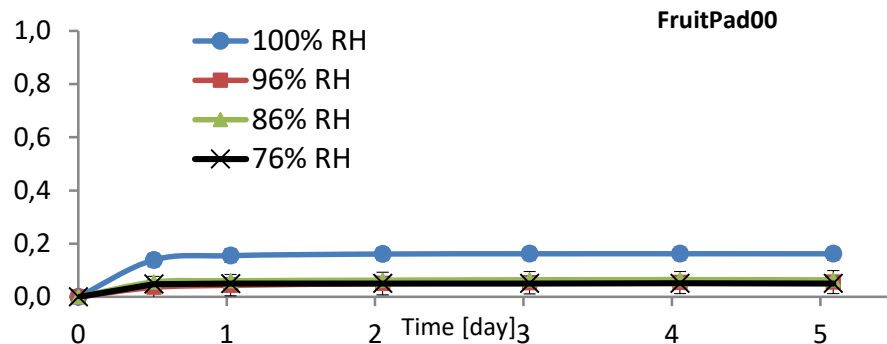
**Fig.** Fruitpad from McAirleid's Vliesstoffe GmbH. (a) Fruitpad (b) Schematic lateral view representation of the Fruitpad.

- 3 kinds of FruitPads: 0 wt.-% concentration of fructose (**FruitPad00**)  
20 wt.-% concentration of fructose (**FruitPad20**)  
30 wt.-% concentration of fructose (**FruitPad 30**)



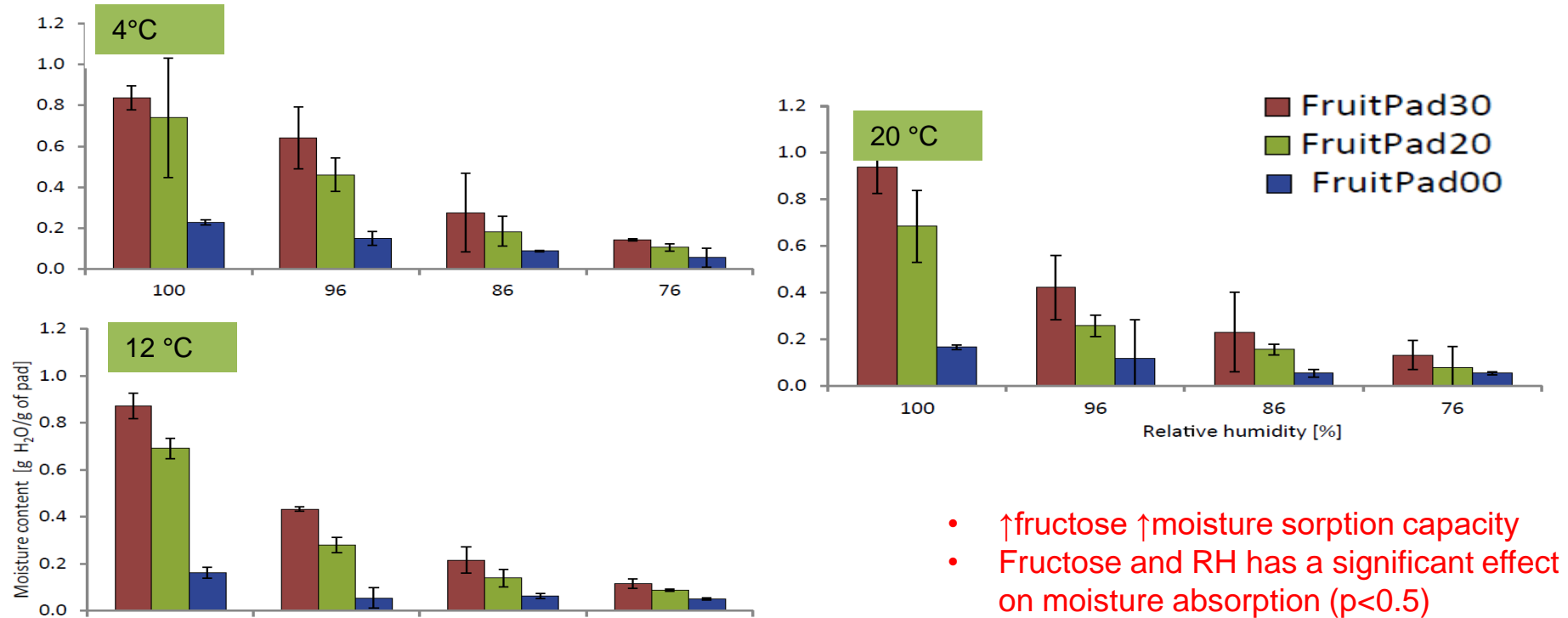
# Characterization

# Results: Kinetics at 12°C



- Moisture uptake was faster in day 1 and slower from day 2.
- ↑RH ↑moisture sorption capacity

# Results: Effect of fructose and RH on moisture absorption



- ↑fructose ↑moisture sorption capacity
- Fructose and RH has a significant effect on moisture absorption ( $p < 0.5$ )

# Results: Model development

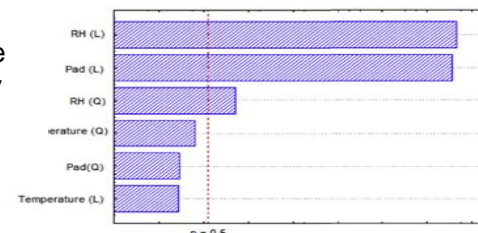
## Primary model:

$$M_t = \left( \frac{W_t - W_i}{W_i} \right)$$

$$M_t = M_0 + (M_\infty - M_0) \times \left[ 1 - e^{\left( \frac{t}{\beta_1} \right)} \right]$$

Weibull model:

- $M_\infty$  is the moisture holding capacity at equilibrium
- $\beta_1$  is the kinetic parameter that defines the rate of moisture uptake process: time needed to accomplish approximately 63% of the moisture uptake process.



**Table 1**

Estimated parameters of the primary model for FruitPad containing different concentrations of fructose (0%: FruitPad00, 20%: FruitPad20, and 30%: FruitPad30).

Absorbing pad	$M_\infty$				$\beta_1$			
	RH: 76%	86%	96%	100%	76%	86%	96%	100%
FruitPad00	0.0499	0.0575	0.0886	0.1572	0.0010	0.0100	0.3447	0.0010
FruitPad20	0.0886	0.1398	0.2656	0.5515	0.0020	0.2741	0.5002	0.0020
FruitPad30	0.1073	0.1898	0.4118	0.6410	0.0030	0.0100	0.8172	0.0003

$M_\infty$  is the equilibrium moisture and  $\beta_1$  is a primary model constant. All parameters shown are at 12 °C.

## Secondary model:

$$M_\infty = A \times e^{(B \times a_w)}$$

Flory-Huggins model:

- $a_w$  is the water activity (RH/100)
- A and B are model constants

$$M_t = M_0 + \left( A \times e^{(B \times a_w)} - M_0 \right) \times \left[ 1 - e^{\left( \frac{t}{\beta_2} \right)} \right]$$

**Table 2**

Estimated parameters of the secondary model for FruitPad containing different concentration of fructose (0%: FruitPad00, 20%: FruitPad20, and 30%: FruitPad30).

Absorbing pad	Estimated coefficients			$R^2$ (%)
	A	B	$\beta_2$	
FruitPad00	0.00074	0.05445	0.28333	92.56
FruitPad20	0.00005	0.09371	0.77688	92.99
FruitPad30	0.00031	0.07817	1.09146	96.09

A, B, and  $\beta_2$  are secondary model constants and  $R^2$  is a coefficient of determination.

## Experiments with strawberry



# Results: Package performance evaluation

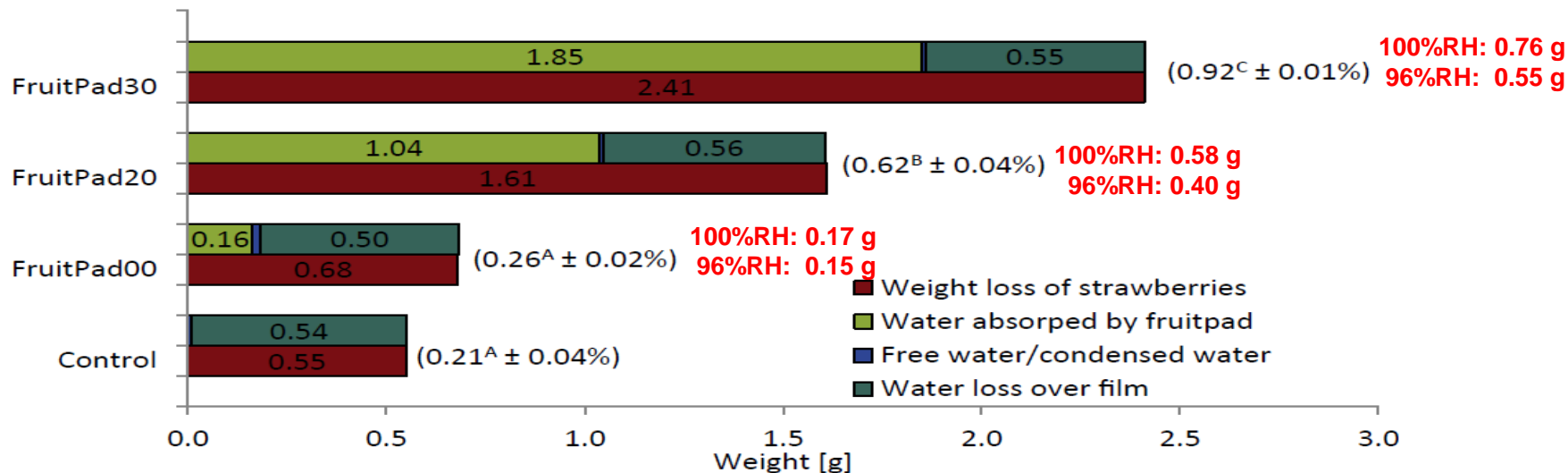


Fig. 5. In-package moisture dynamics of strawberries packaged with FruitPad containing different fructose concentration (0: FruitPad00, 20: FruitPad20, and 30%: FruitPad30) stored at 12 °C for 5 days. The values in bracket represent the percentage mean values (mean value  $\pm$  standard deviation, n = 2) for total strawberry weight loss. Different upper case superscript is significantly different based on Tukey test at p < 0.05.

**This shows that when there is an `extra` source of water (strawberry) the fructose present in the pad absorbs water directly from the fruit.**

- The water uptake was higher in pads with higher fructose concentration.
- The use of water absorbing pads have a good potential in absorbing water vapor in the package headspace.
- FruitPads are efficient, however, at an expense of higher mass loss.
- Need to find a correcting factor based on the amount of fructose present in the pads

## Packaging Systems



Volatile  
compounds



Ethylene  
removal



Humidity  
regulation



Low-cost  
cooling



Modelling  
aspects



Respiration  
sensor

Volatile  
compounds

### Indian Council of Agricultural Research Scholarship:

Photocatalytic and photochemical oxidation of ethylene for potential application in fruit storage

### Science without Borders Brazil:

Development of an integrative mathematical modelling tool for water vapor and condensation dynamics in fresh produce packaging.

### iPosTech project (BLE):

Adsorption-based cooling systems for improved storage of mango in sub-saharan African countries

### FreshPack project (BLE)

Mathematical modelling of fresh produce packaging, storage and supply chain

### RemOpack project (CORNET):

Removing of specific undesirable odours with the development of new food packaging materials.

### German Academic Exchange Service(DAAD):

Development of modular intelligent system for controlled-environment storage of fresh produce.

### Goal:

1. Maintain quality and improve shelf life of fruit and vegetables
2. Optimize packaging and storage along supply chain

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