

# Life Cycle Assessment (LCA)

## Theory & Practice

COST ACTION Training School  
Tampere – June 2017



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COBRO – Packaging Research Institute



COST is supported by  
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Horizon 2020



## COST Action FP1405

*Active and intelligent fibre-based packaging – innovation and market introduction (ActInPak)*

ActInPak is a pan European (COST) network of the leading experts in active and intelligent packaging of over 150 institutes, universities and companies from 37 countries. Main goal of action is to develop a knowledge-based network on sustainable, active and intelligent fibre-based packaging in order to facilitate its introduction on the market.

<http://www.actinpak.eu>

[http://www.cost.eu/COST\\_Actions/fps/Actions/FP1405](http://www.cost.eu/COST_Actions/fps/Actions/FP1405)

<https://www.linkedin.com/groups/COST-FP1405-ActInPak-8254568/about>

State, self-supporting research institution subordinated to the Ministry of Economy, founded in 1973.

Member of:

- World Packaging Organisation,
- International Association of Packaging Research Institutes,
- Polish Chamber of Packaging,
- European Bioplastics.

## ■ Packaging R&D Department:

- ✓ Packaging and Environment Department
- ✓ Laboratory for Packaging Materials and Consumer Packaging Testing
- Laboratory for Transport Packaging Testing
- Certification Centre
- Standardization Department
- *Packaging Spectrum Magazine*



# Sustainable Development

To use the traditional definition, sustainable development is:

**"development that meets the needs of the present without compromising the ability of future generations to meet their own needs"**, in other words ensuring that today's growth does not jeopardize the growth possibilities of future generations.

Sustainable development thus comprises three elements - economic, social and environmental - which have to be considered in equal measure at the political level. The strategy for sustainable development, adopted in 2001 and amended in 2005, is complemented inter alia by the principle of integrating environmental concerns with European policies which impact on the environment.

- source: <http://europa.eu>



# Sustainable Development

**Sustainable development** is about integrating the goals of a high quality of life, health and prosperity with social justice and maintaining the earth's capacity to support life in all its diversity. These **social, economic and environmental** goals are interdependent and mutually reinforcing. Sustainable development can be treated as a way of expressing the broader expectations of society as a whole.

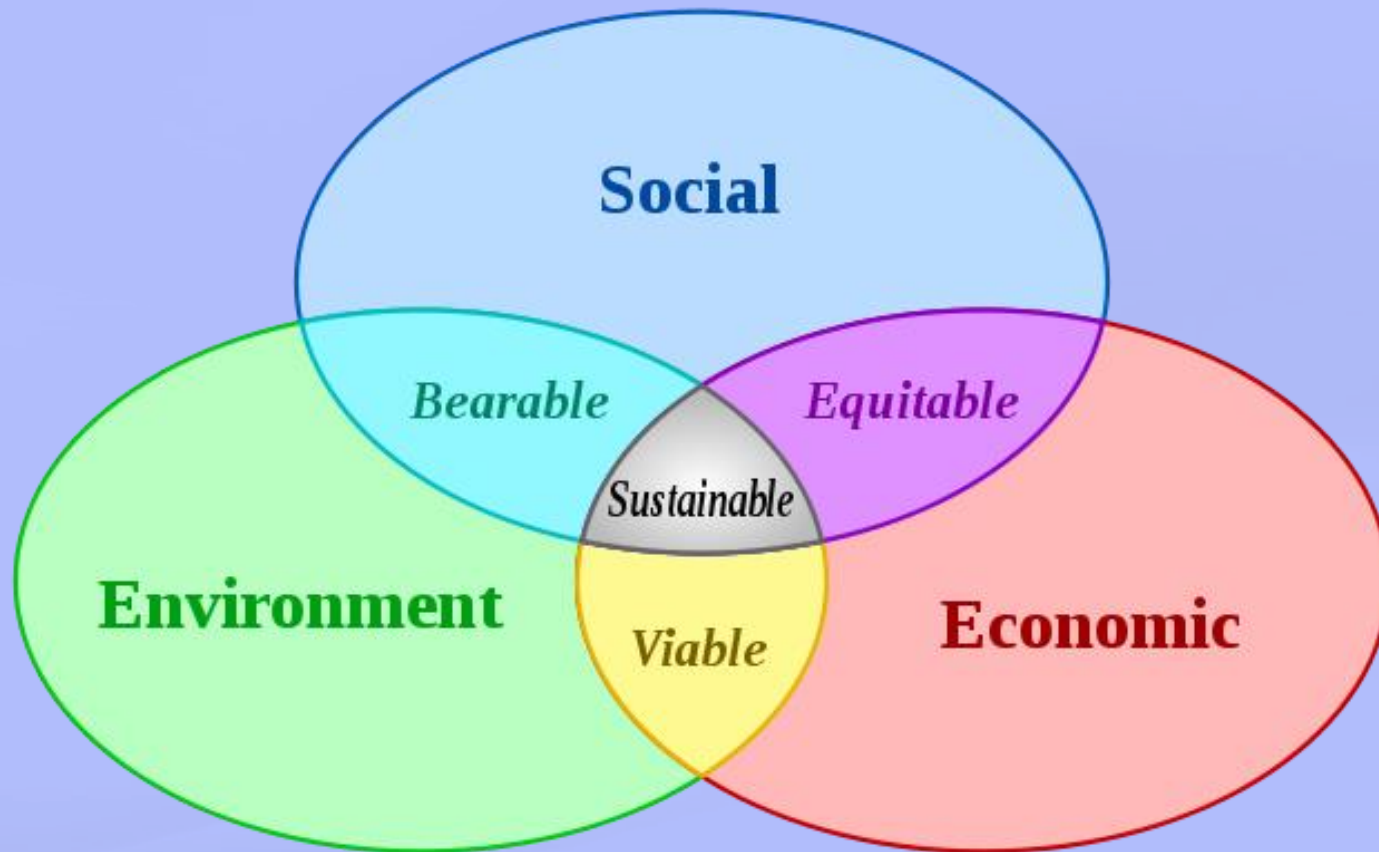
- source: ISO 26000:2010

# Sustainable Development

Sustainable development concept for business, consists of taking into consideration widely understood **economic, environmental and social** issues in the **daily and long term operations of a company.**



# Sustainable Development

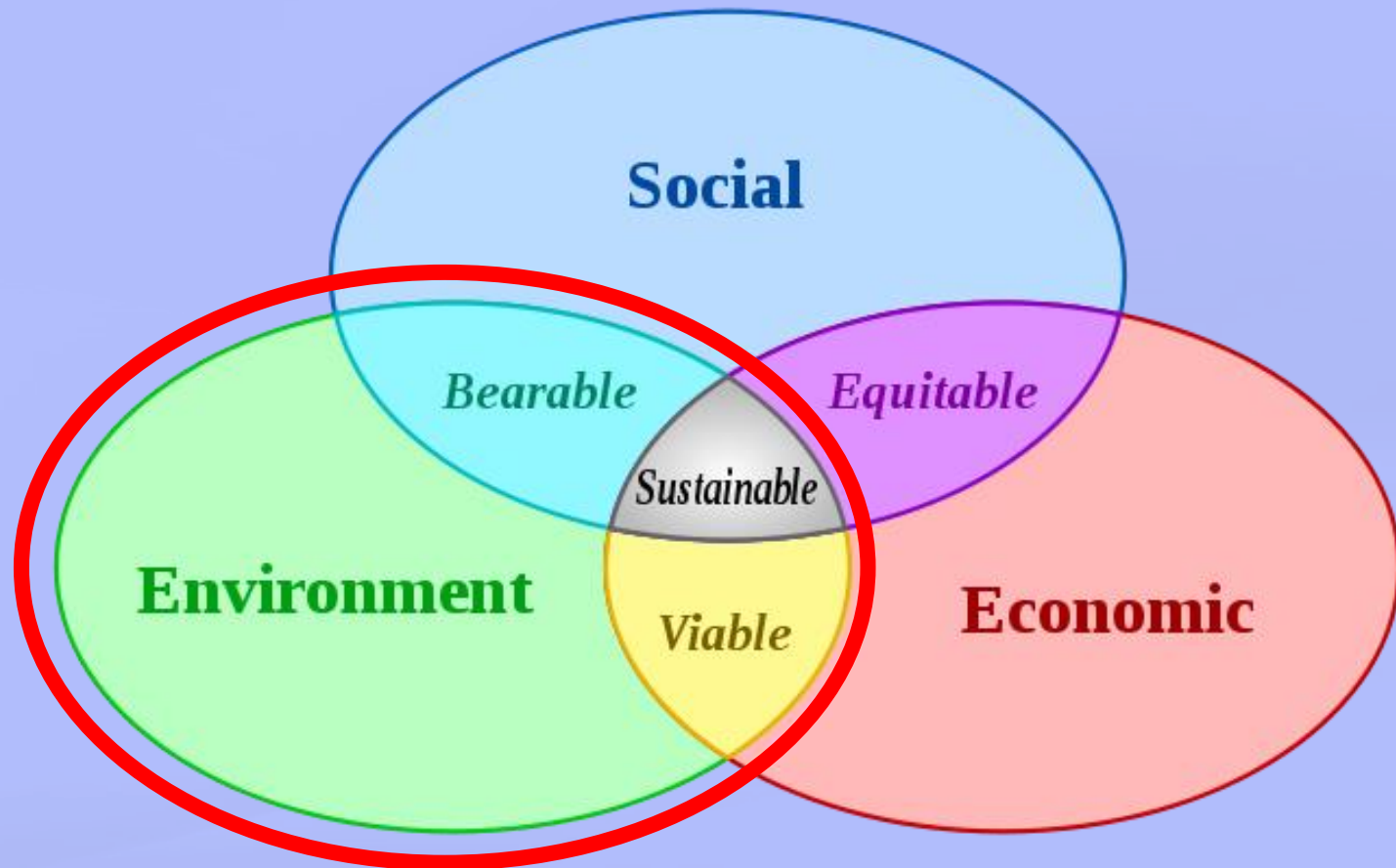


# Sustainable Development

Sustainable development has to be **present in all product life cycle stages**, starting from production process, delivery chain, demand for resources, processing methods, packaging, distribution, usage and waste management including transport.

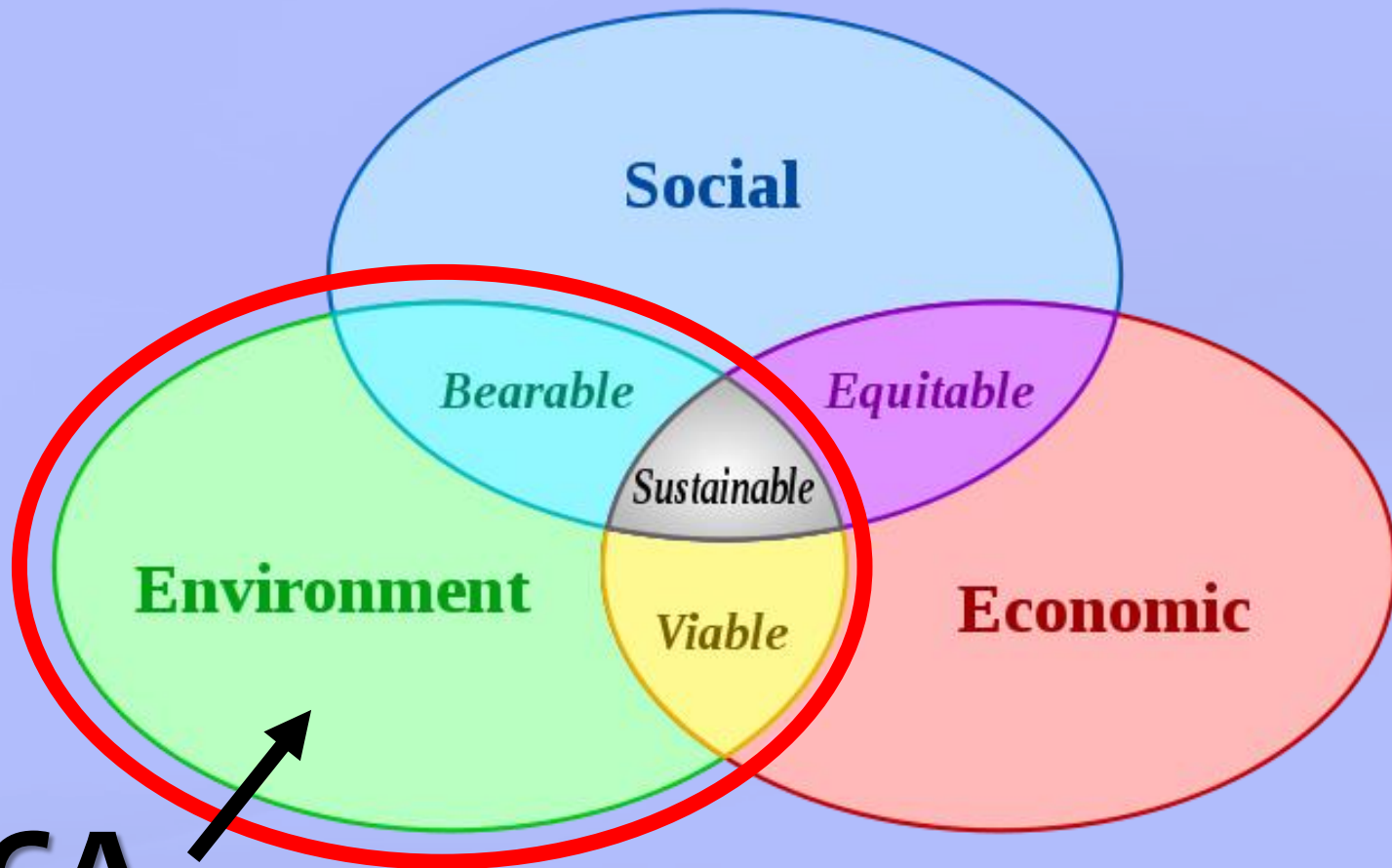
At the same time sustainable products **should match up or exceed conventional products by functional and quality properties**, fulfil today's environmental protection standards, and also contribute to waste management system.

# Sustainable Development





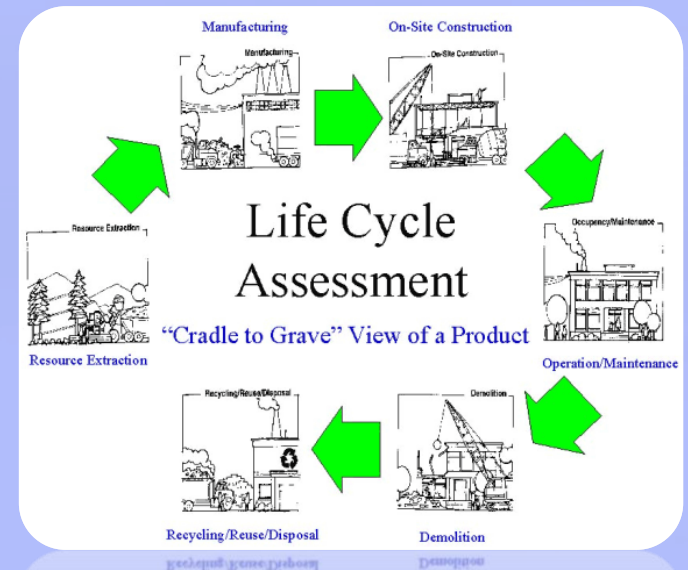
# Sustainable Development



**LCA**

# What is LCA ??

- LCA = Life Cycle Assessment
- The most popular sustainability assessment tool
- Can be used to assess products, value chains, processes, whole companies, economy and even socio-cultural implications
- Its main goal is to assess the aspects of environmental impacts in whole life cycle of selected subject matter.



# What is LCA ??

- LCA consists of different criteria of evaluation in all life cycle stages of a selected product.
- Environmental influence of every life cycle process of a chosen product is quantitatively recorded in different impact categories
- **LCA method can be used to rate and compare a product with another products with similar functionality.**

# What is LCA ??



# LCA as a description of reality

LCA is used to *model* **complex** reality

+

Each *model* **simplifies** the reality

=

Contradiction – **simplification distorts the reality**

**Main goal of LCA – minimise this distortion**



# LCA Science

## Comprehensiveness

- Attempt to cover all attributes or aspects of natural environment, human health and resources!
- Therefore, include a wide range of potential environmental impacts in LCA studies
- **Coverage of every conceivable impact not possible**



# LCA Science

Priority of scientific approach to characterize impacts:

- First: Natural science
- Next: Social or economic science or International convention
- Last: Value choices (opinion, preferences)



# How to use LCA

- **Internal LCA** – used by enterprises
  - ‘knowing your product’, identification of ‘hot spots’, strategic management goals
  - Marketing / Benchmarking
  - PR
  - Preparation for legislation changes, arguments for lobbying
- **External LCA** – full public reports
  - Published by public institutes/research institutes
  - Need to be peer reviewed
  - Not often used by enterprises due to bad experiences in the ‘90 (benchmarking backfire)

# Why use LCA??

- Consumer demands
- Information request from business clients (e.g in the supply chain)
- External pressure from society stakeholders (e.g. NGOs) and civil society
- Increasing attention from financial stakeholders
- Green Public Procurement programs of public administrations
- Requirements from policy-makers (e.g. WEEE and RoHS European Directives)



# Why use LCA??

## **Competitive advantage in emerging or new green markets**

- Final consumers
- Business clients
- Public administrations

## **Better image**

- Consumers and clients
- Financial stakeholders
- NGOs and civil society
- Legislators

## **Influence regulations and pre-normative processes**



# LCA Standards

## ■ 2 main standards:

- EN ISO 14040 – main concept
- EN ISO 14044 – details



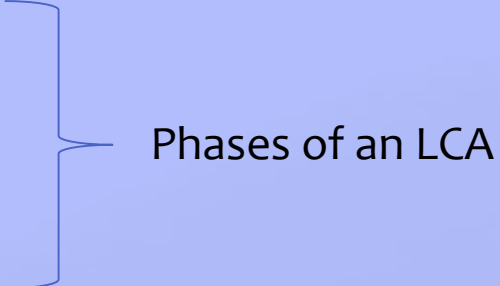
International  
Organization for  
Standardization

## ■ Other relevant standards:

- EN ISO 14020 series – Environmental labels and declarations
  - 14021 – Type II
  - 14024 – Type I
  - 14025 – Type III
- 14064 – GHG emissions
- 14067 – Carbon Footprint calculation

# LCA Standards

ISO 14040 contains general information on:

- a. Goal and scope of LCA
  - b. LCI phase
  - c. LCIA phase
  - d. Interpretation phase
  - e. Reporting and critical review
  - f. Limitations
  - g. Relationship between phases
  - h. Conditions for use of value choices and optional elements
- 
- Phases of an LCA

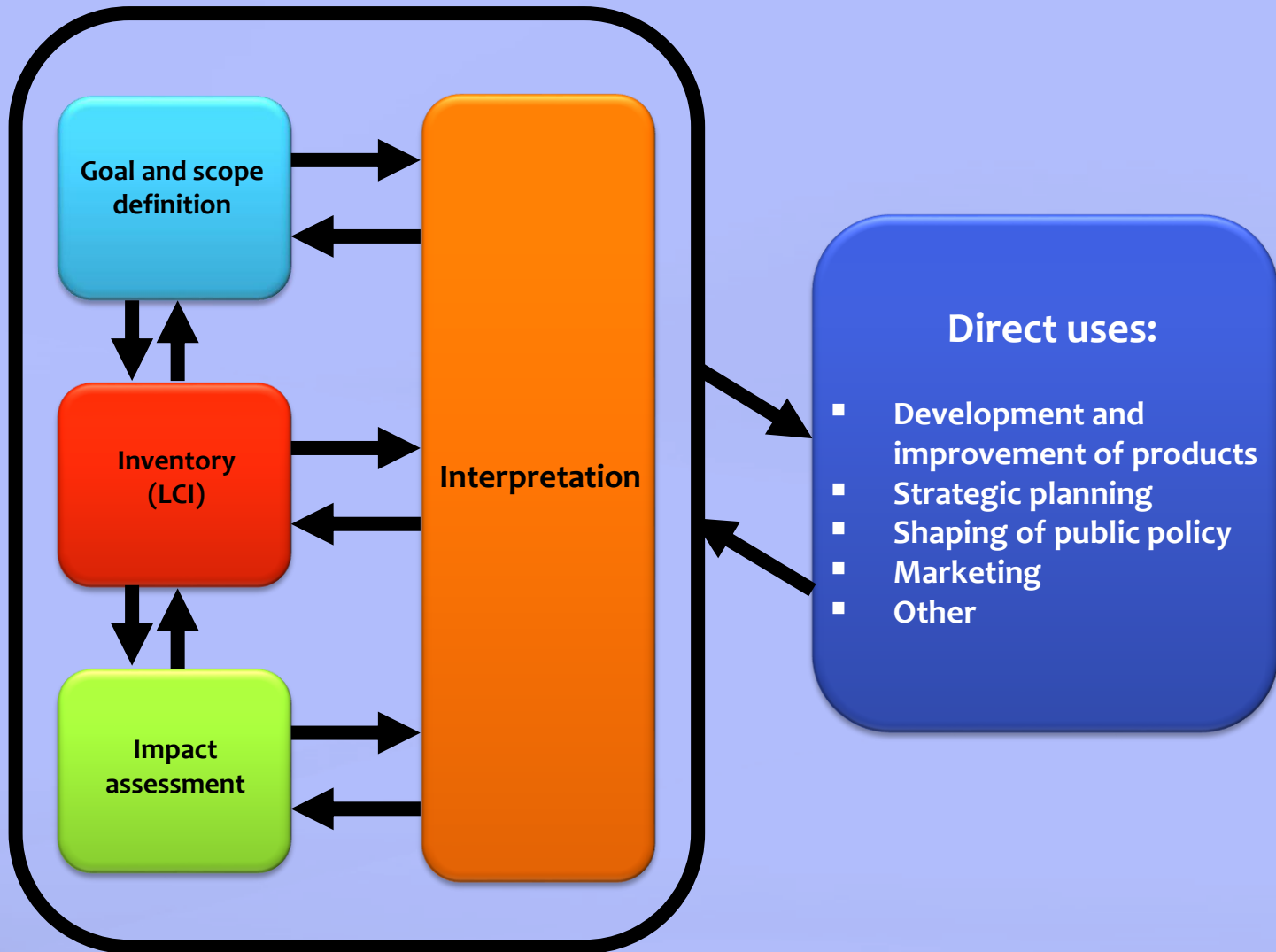
Normative references: Need to use 14044 to apply 14040

# LCA CEN Reports

- 2 CEN Reports for packaging:
  - CR 12340:1996 – Recommendations for LCI of packaging systems
  - CR 13910:2009 – Criteria and methods for packaging LCA



# LCA in 4 steps

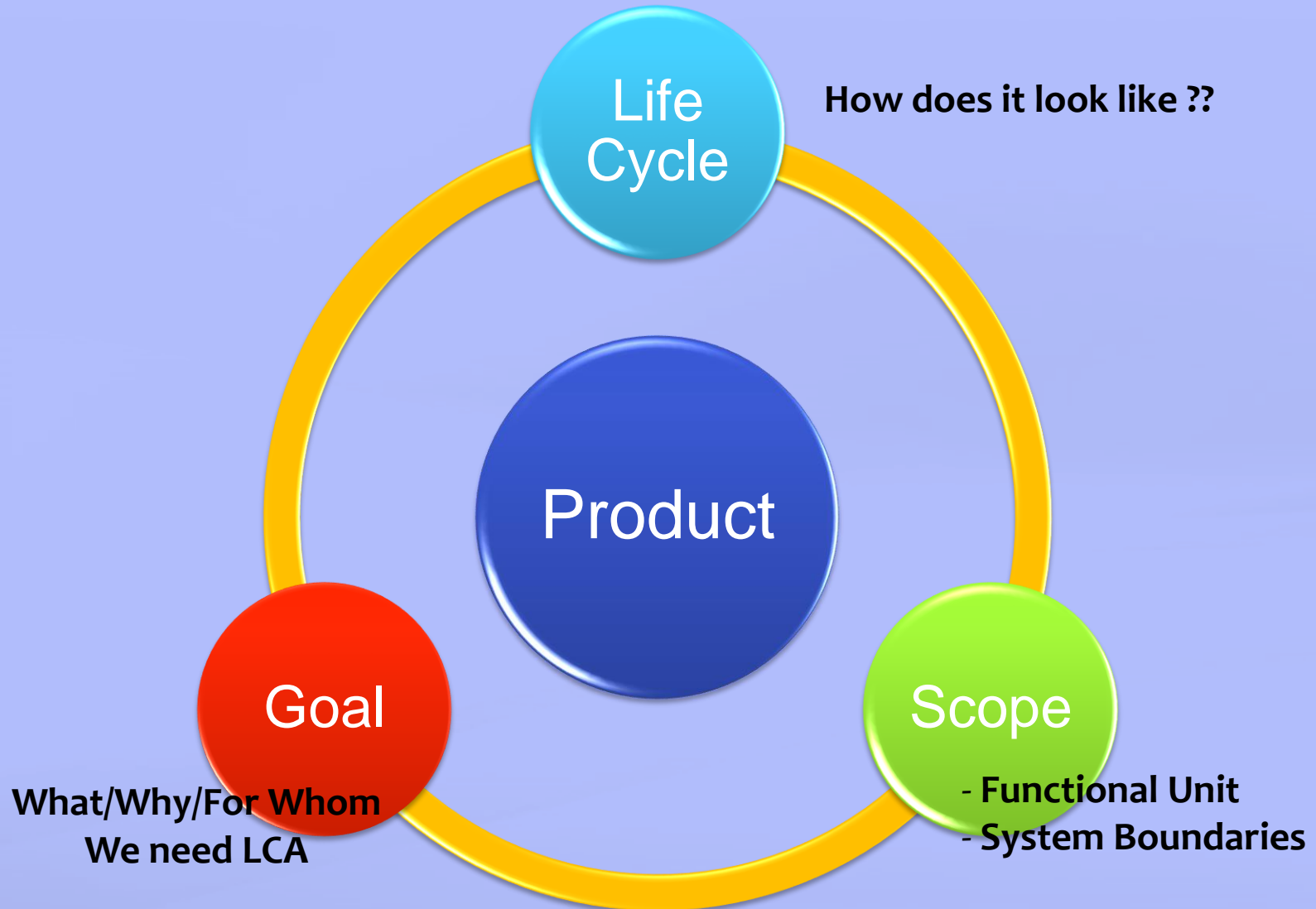


# LCA Principles

- Guidance for product, process, or product element selection
- Entire life cycle environmental burden between stages and processes
- Relative to a functional unit
  - Functional unit is a quantified amount of function obtained from the product or process
  - Light bulb functional unit might be 1,000,000 lumen-hours of light
  - Bus functional unit might be 10,000 passenger-kilometers traveled
- Only environmental considerations addressed
- Economic, social, and other aspects could be considered with other tools
- Iterative process where each phase uses results of other phases
  - For example: goal and scope can and should be updated during analysis of other stages



# Step 1 – Goal and Scope



# LCA Example Workshop

## Goal

*Goal statement is the first component of an LCA and guides much of the subsequent analysis*

Goal must state:

Intended use

Reasons for study

Audience

Whether comparative and disclosed to public

## Scope

*Scope provides background information, details methodological choices, and lays out report format*

Scope includes:

Product system

Functions of systems

Functional unit

System boundary

Allocation procedures

Impact categories, assessment

method and interpretation type

# Step 1 – Goal and Scope

- Goal statement is the first component of an LCA and guides much of the subsequent analysis
- Goal must state:
  - Intended use
  - Reasons for study
  - Audience
  - Whether comparative and disclosed to public



# Step 1 – Goal and Scope

## Target groups:

### External stakeholders

- Final consumers
- Business clients
- Financial stakeholders
- Public administrators and policy makers
- Civil society and society stakeholders
- Suppliers

### Internal stakeholders

- Shareholders
- Employees and management



# Step 1 – Goal and Scope

- **Function and functional unit**

- Define the functional characteristics of the product system
- Functional unit for amount of function achieved, useful as a reference measure

- **System boundary**

- Define which processes are included in the study
- Helpful to include a process flow diagram

- **LCIA methodology**

- State which impact categories and category indicators are used
- State which impact characterization methodology is used

- **Inventory Data**

- Obtain either from direct measurement of processes or from secondary sources (or a mix of the two)
- Include inputs and outputs to air, water, and soil

# Step 1 – Goal and Scope

- **Data quality**

- Address age, geographic coverage, technology coverage, precision, completeness, representativeness, consistency, reproducibility, sources, minimum length of time to collect, and uncertainty.
- For missing data a zero value, non-zero value, or a calculated value from similar technology should be used and explained.

- **Comparisons between systems**

- Use the same functional unit, system boundaries, data quality, allocation, and impact assessment procedures (if not possible, identify differences)
- For publicly disclosed studies must include a critical review and the LCIA phase

- **Critical Review**

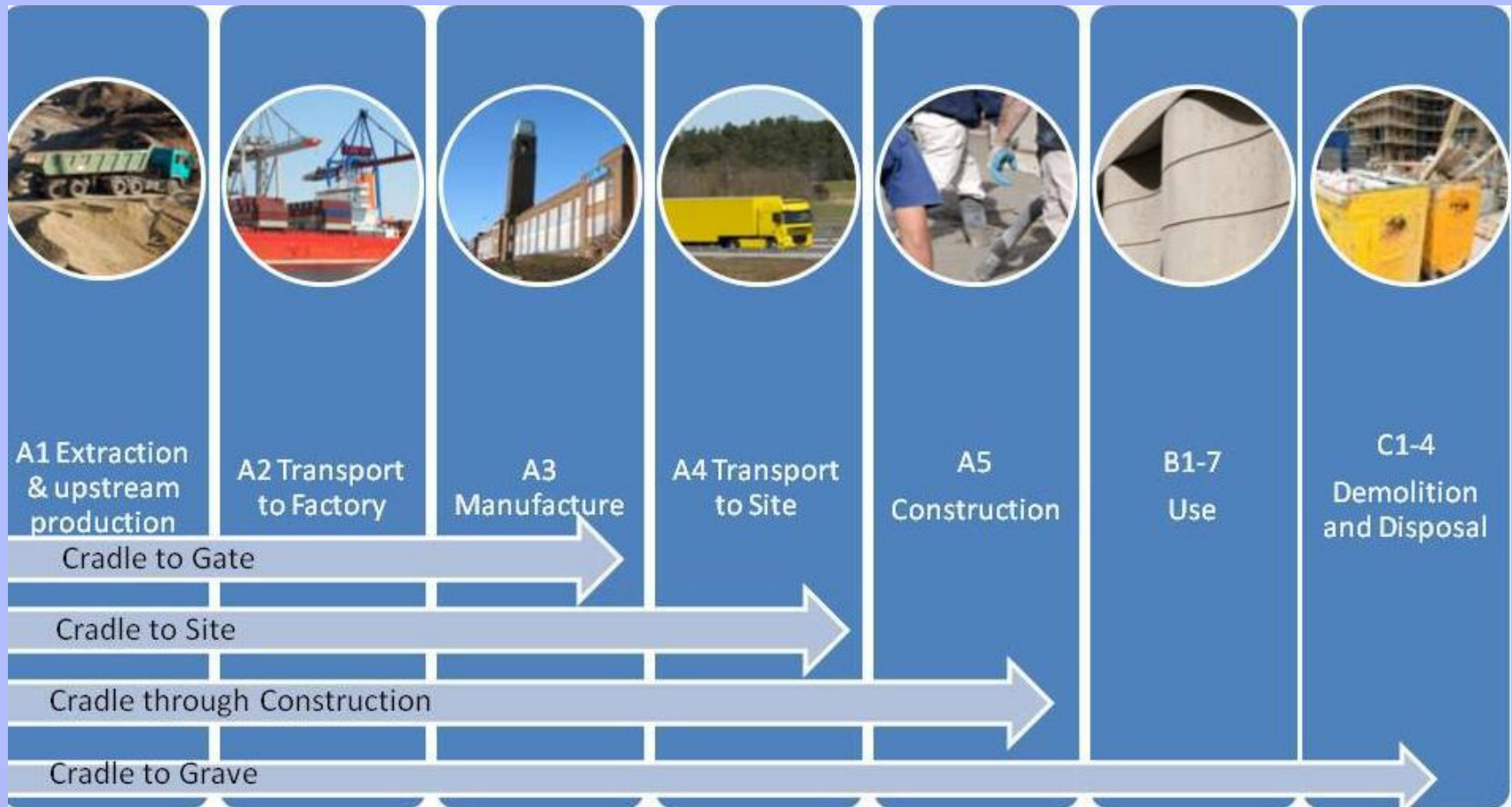
- State whether or not a critical review will be conducted
- Define how, and by whom, the critical review will be carried out

# Step 1 – Goal and Scope

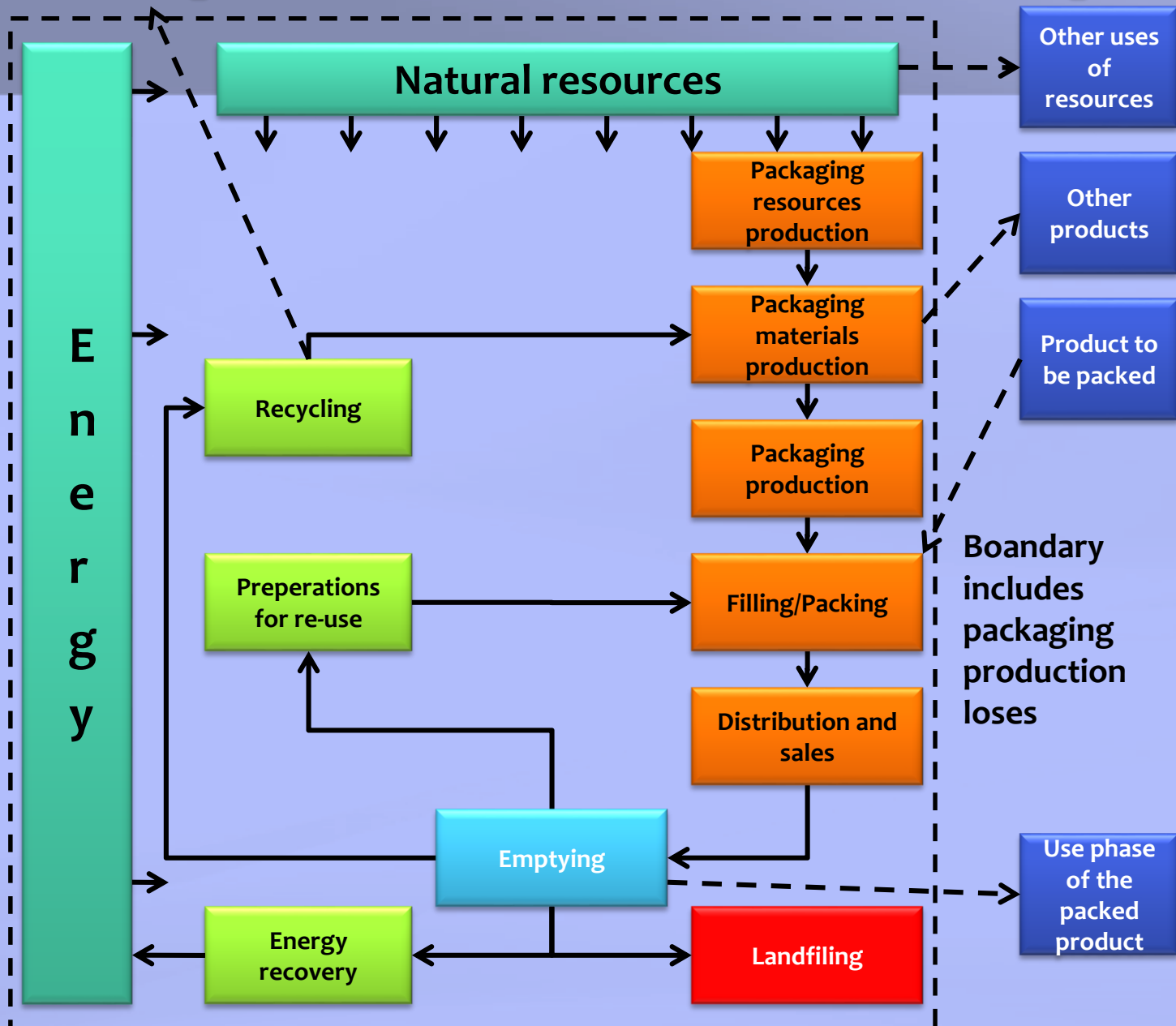




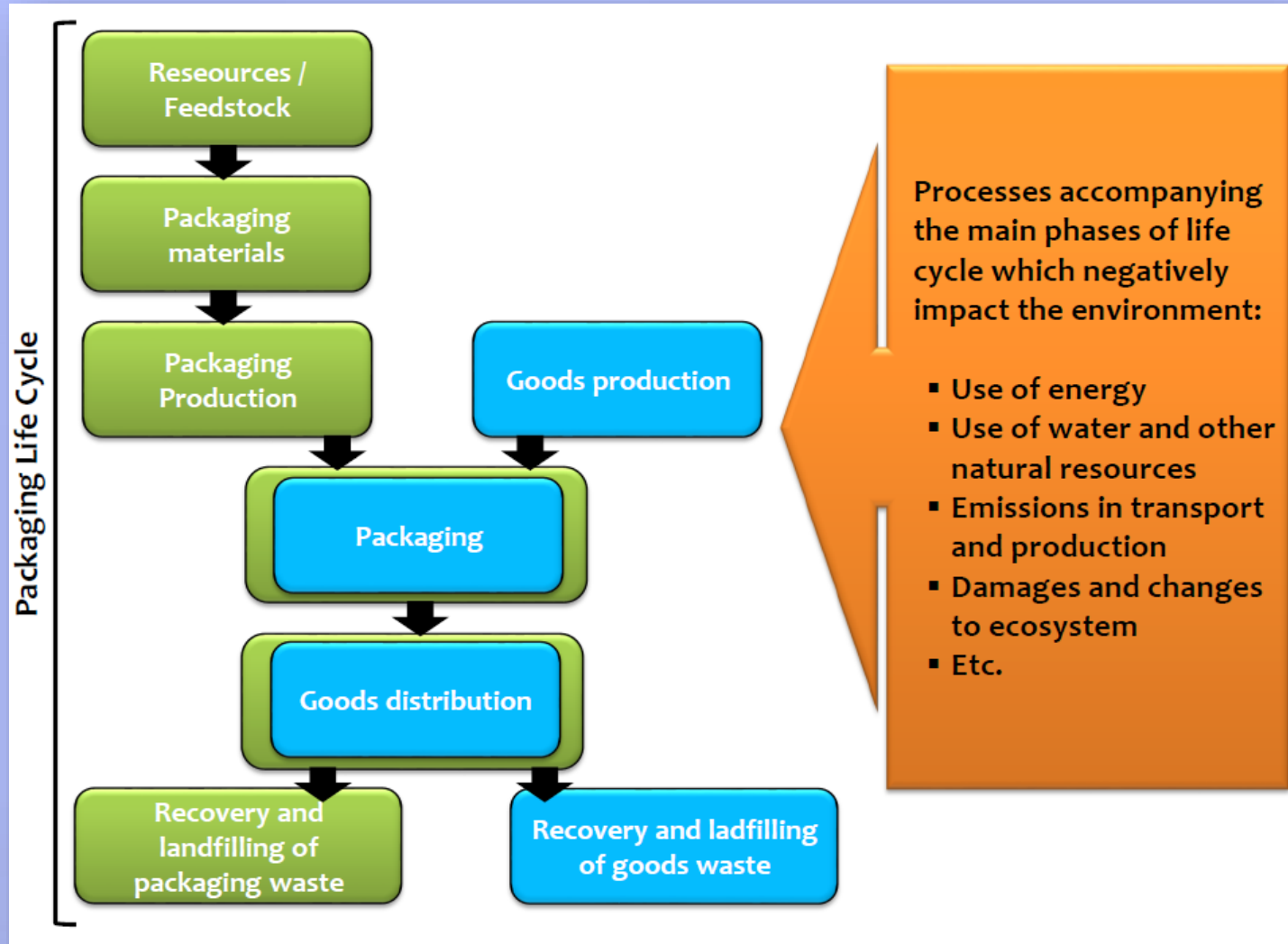
# Step 1 – Goal and Scope



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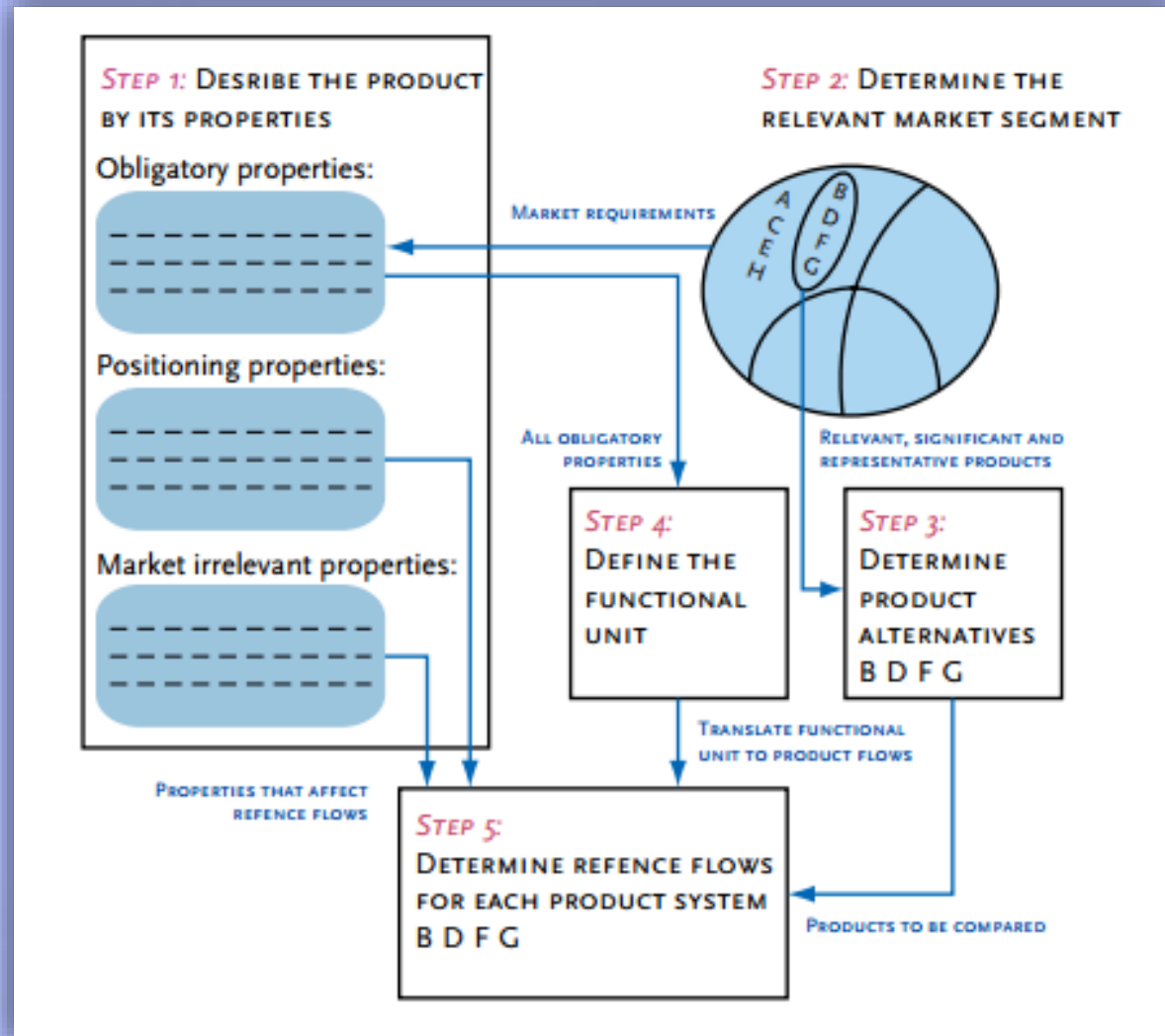
## Functional Unit

- Unit of reference
- Quantitative system effect – unit has to measure same effect when comparing 2 or more products
- All data should be referenced to the functional unit



# Step 1 – Goal and Scope

## Functional Unit



# Function

- What the product(s) or process(es) is designed to do
- Often intuitive
  - However, function must be stated to make it unambiguous
- Important to help define the system and functional unit

Generate Light



Transport People



House Students



# Functional Unit Definition

**“Quantified performance of a product system for use as a reference unit.”**





# Functional Unit

- Functional unit defines what quantity of the product's function is achieved to cause the environmental impacts identified
  - Light bulb functional unit might be 1,000,000 lumen-hours of light
  - Bus functional unit might be 10,000 passenger-kilometer
  - Dormitory building functional unit might be house 200 students for one year

**For 20 Million  
lumen-hours**

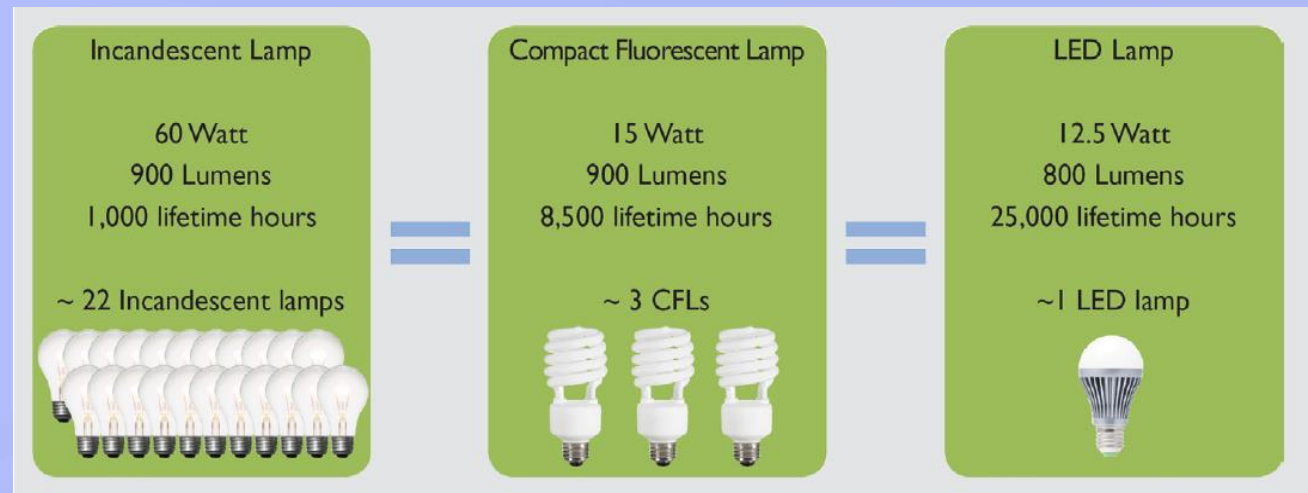
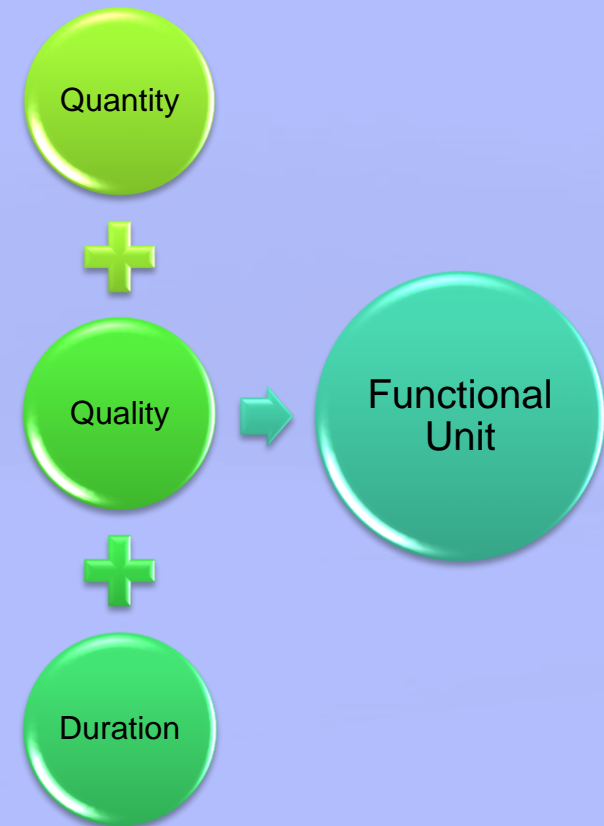


Figure credit: U.S. Department of Energy. "Life Cycle Assessment of Energy and Environmental Impacts of LED Lighting Products."

# Functional Unit

- Some consider correct determination of functional unit the highest priority in LCA
- Must be “clearly defined and measurable”
- Especially important in comparative studies to ensure fair comparison
- Value not particularly important
  - Unit is very important
- Best to set functional unit before collecting data (though not required)
  - Can always change it later
- Product life time should be considered later when applying functional unit



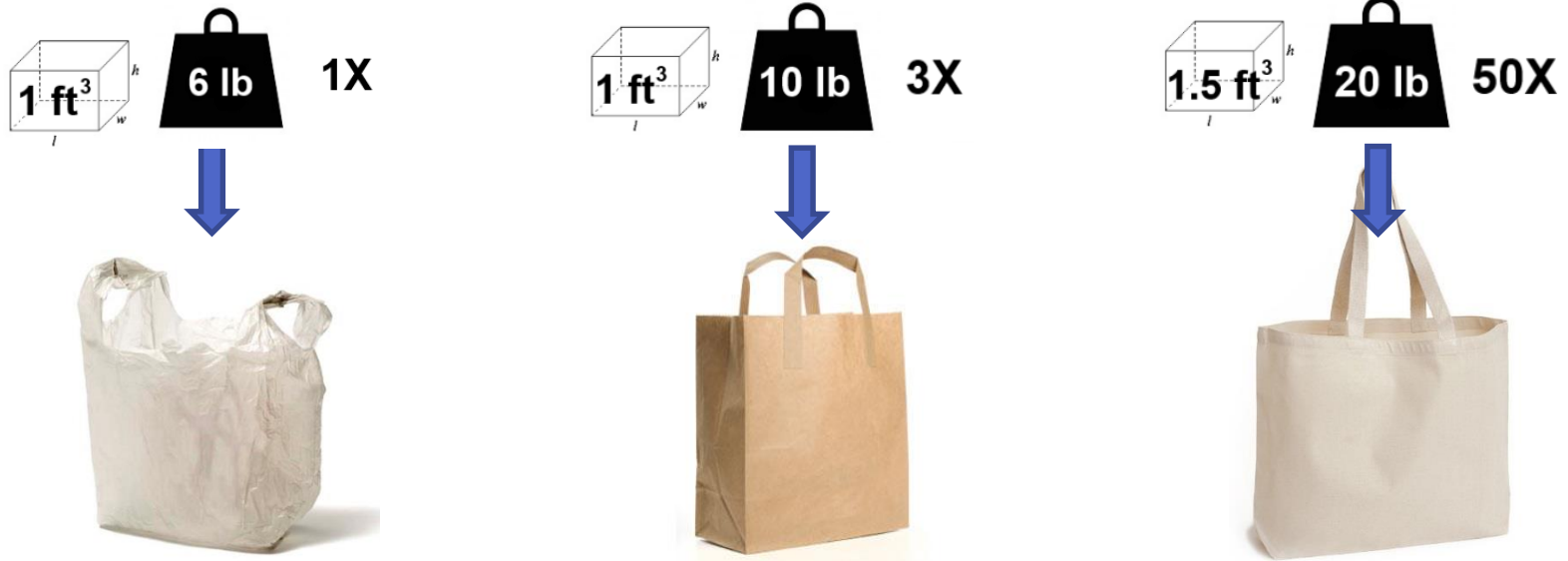
# Functional Unit

## **Situation: Comparing an LED, CFL, and incandescent bulb**

*Example statement:* The function of the compared product systems is to provide lighting in residential applications. The functional unit is defined to be twenty million lumen-hours of light, with a wavelength between 450-600 nm, provided. This functional unit was chosen because lumen-hours is a common unit of cumulative illumination measurement, twenty million lumen-hours represents approximately one LED lamp's illumination over its full life time, and the wavelength range represents visible light appropriate for home illumination.

# Functional Unit

- Shopping bag comparing paper, plastic, and cloth
  - Functional unit could be to carry a certain volume or a certain weight of groceries a certain number of times (i.e. 5 kg of groceries on 10 trips)



# Step 1 – Goal and Scope

## Functional Unit

### Functional Unit examples:

- Paint: 20 m<sup>2</sup> area coverage for 20 years
- Ice-cream: kcal / mass / leisure time
- Beverage packaging: volume of beverage
- Public transport: person-kilometer
- Packaging waste: kg
- Shopping bags: 5 kg of shopping carried for 500 meters
- Hand towels: 10 000 washed hands

# Step 2 - LCI

**Data collection – depends on the goals and scope of our research.**

- What shall be taken into account:
  - System boundaries
  - Geography
  - Time of data collection
  - Functional Unit
  - Allocation methods
  - But most importantly: **Time and Money!!**

# Step 2 - LCI

1. Consider goal and scope
2. Prepare for data collection
3. Collect data
4. Validate data
5. Relate data to unit process and allocations (reuse, etc.)
6. Relate data to functional unit
7. Aggregate data
8. Refine system boundary
9. Revise, repeat as needed

Already  
done if  
using  
database

Already done if  
data from  
literature

# Step 2 - LCI

## Step 2 effect – Process Tree

- Process Tree includes all LCI results in the form of inputs and outputs emissions from and to soil, atmosphere, water etc.
- Examples of quantitative results of LCI: CO<sub>2</sub>, CFC, P, SO<sub>2</sub>, NO<sub>x</sub>, DDT used/emitted during different stages of life cycle.

Periodic Table of the Elements																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																			
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Alkali Metal

Alkaline Earth

Transition Metal

Inner Transition Metal

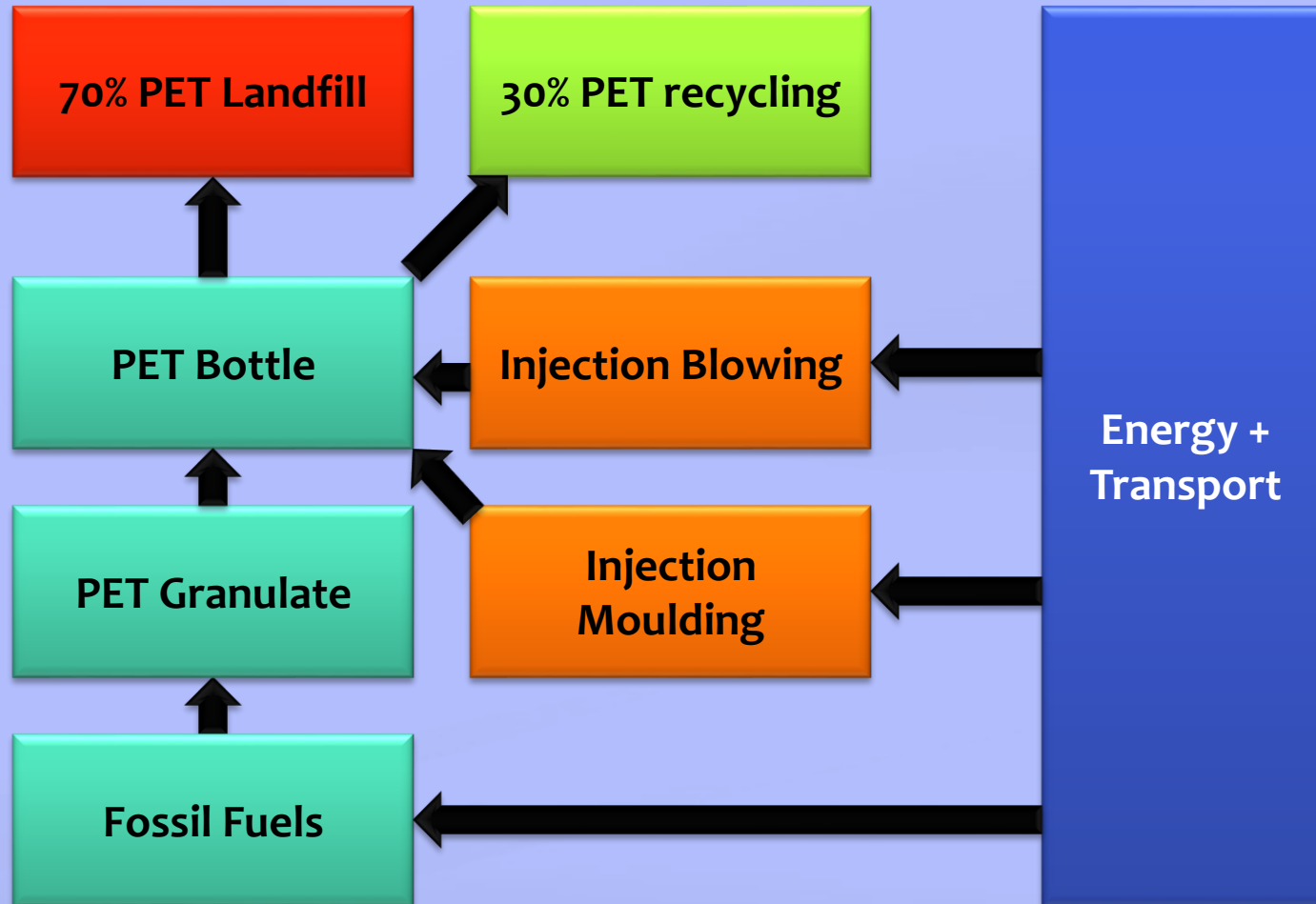
Lanthanide

Actinide



# Step 2 – Process Tree

PET bottle – recycling 30%



# Step 2 – Process Tree

## PET bottle – recycling 30%

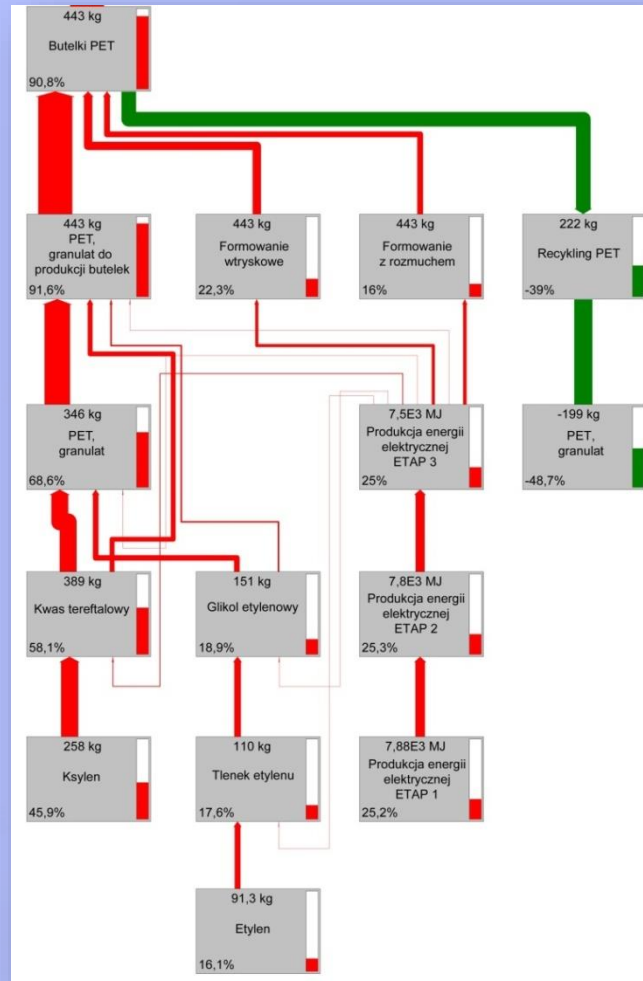
Software interface showing the Process Tree for a PET bottle with 30% recycling. The window title is "C:\Users\Gtanc\Desktop\[[SIMAPRO BACKUP]]\DARMSTADT; BIO BASED PACKING LYON 09 - [Analyse Butelka PET - 30% odpadów poddane recyklingowi]". The menu bar includes File, Edit, Calculate, Tools, Window, and Help. The toolbar contains various icons for file operations and calculations. The main window displays the "Process contribution" tab, showing a table of substances and their contributions to the total impact.

Filters: Compartment: All compartments, Indicator: Inventory, Cut-off: 0%, Category: (empty), Per sub-compartment: (unchecked), Skip unused: (unchecked), Default units: (unchecked), Per impact category: (unchecked), Standard: (checked), Group: (unchecked).

No	Substance	Compartment	Unit	Total	Butelka PET - 30% odpadów poddane
1	Volume occupied, reservoir	Raw	m3y	22,3	22,3
2	Water, turbine use, unspecified natural origin	Raw	m3	9,39E3	9,39E3
3	Gas, natural, in ground	Raw	m3	508	508
4	Water, cooling, unspecified natural origin/m3	Raw	m3	72,6	72,6
5	Gas, natural, 35 MJ per m3, in ground	Raw	m3	16	16
6	Water, river	Raw	m3	8,13	8,13
7	Water, unspecified natural origin/m3	Raw	m3	7,29	7,29
8	Gas, petroleum, 35 MJ per m3, in ground	Raw	m3	3,12	3,12
9	Gas, mine, off-gas, process, coal mining/m3	Raw	m3	2,64	2,64
10	Water, well, in ground	Raw	m3	2,1	2,1
11	Water, salt, ocean	Raw	m3	1,42	1,42
12	Wood, soft, standing	Raw	l	188	188
13	Water, lake	Raw	l	175	175
14	Wood, hard, standing	Raw	l	80,5	80,5
15	Water, salt, sole	Raw	l	76,9	76,9
16	Volume occupied, underground deposit	Raw	l	1,28	1,28
17	Volume occupied, final repository for low-active radioactive waste	Raw	cm3	33,6	33,6
18	Volume occupied, final repository for radioactive waste	Raw	cm3	8,51	8,51
19	Wood, primary forest, standing	Raw	cm3	5,59	5,59
20	Wood, unspecified, standing/m3	Raw	cm3	2,8	2,8
21	Water, process and cooling, unspecified natural origin	Raw	m3	-2,03	-2,03
22	Gas, natural, feedstock, 35 MJ per m3, in ground	Raw	m3	-38,3	-38,3
23	Gas, natural, 36.6 MJ per m3, in ground	Raw	m3	-47,9	-47,9
24	Radon-222	Air	kBq	5,96E5	5,96E5
25	Radioactive species, unspecified	Air	kBq	5,02E5	5,02E5
26	Noble gases, radioactive, unspecified	Air	kBq	2,84E5	2,84E5
27	Krypton-85	Air	kBq	4,59E4	4,59E4
28	Hydrogen-3, Tritium	Water	kBq	1,45E4	1,45E4
29	Radioactive species, unspecified	Water	kBq	4,61E3	4,61E3
30	Hydrogen-3, Tritium	Air	kBq	177	177
31	Radium-226	Water	kBq	69,4	69,4
32	Xenon-133	Air	kBq	63,7	63,7
33	Strontium-90	Water	kBq	41,3	41,3
34	Carbon-14	Air	kBq	29,9	29,9
35	Radioactive species, Nudides, unspecified	Water	kBq	28,8	28,8

# Step 2 – Process Tree

PET bottle – recycling 30%



# Step 3 – Impact Assessment

- LCI results, while interesting, do not give us any specific information about the environmental impact of a particular product
- LCI results should be interpreted and characterised into impact categories
- There are many characterisation methods available, many of them with normalisation and weighting options



# LCIA

## Impact Category

“Class representing environmental issues of concern to which life cycle inventory analysis results may be assigned”\*

simply:

Types of environmental issues that could be caused by the inputs and outputs of the product or process being analyzed

# Classes of Impact Categories

Human  
Health

Ecosystems

Resources

# Common Emissions Impact Categories

- Acidification Potential (AP)
- Ecotoxicity Potential (ETP)
- Eutrophication Potential (EP) (Also: Nutrification)
- Global Warming Potential (GWP) (Also: Climate Change)
- Human Toxicity Cancer Potential (HTCP) (Also: Human Health Cancer)
- Human Toxicity Non-Cancer Potential (HTNCP) (Also: Human Health Non-Cancer)
- Human Health Criteria Air Potential (HHCAP) (Also: Human Health Particulates)
- Stratospheric Ozone Depletion Potential (OPD) (Also: Ozone Layer Depletion)
- Smog Creation Potential (SCP) (Also: Photochemical Ozone Creation)

Some can be partitioned further into:

- Air
- Water
- Soil

# Other impact categories

- (Ionizing) Radiation Potential
- Ecosystem Damage Potential
- Abiotic Resource Depletion Potential
- Biotic Resource Depletion Potential
- Fossil Fuel Depletion Potential
- Energy Use
- Land Use
- Water Use
- Landfill Use
- Nuisance-related Impacts (odor, sound, etc.)
- Indoor Air Quality



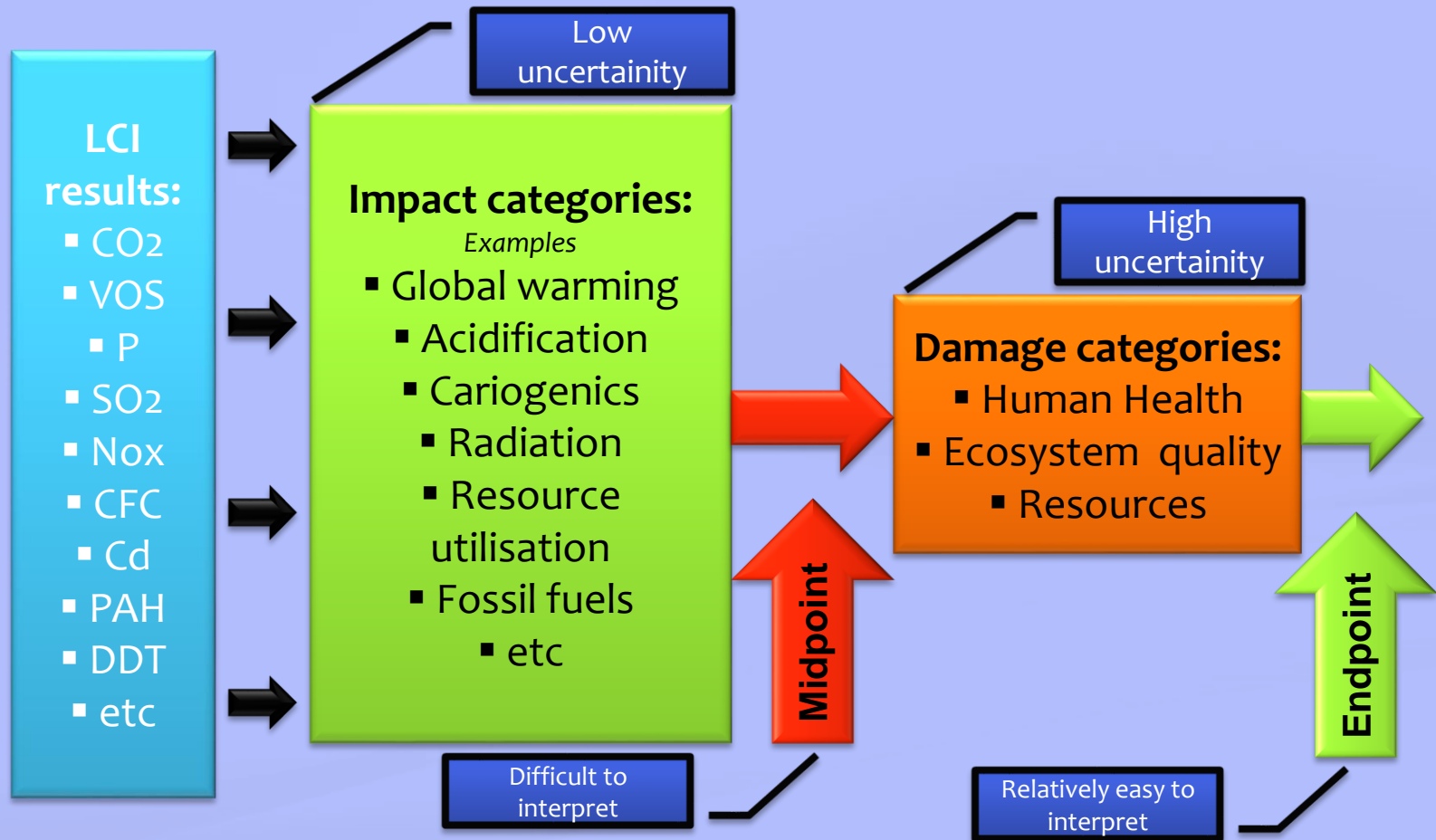
# Step 3 – Method example

## CML 2000

LCI result	Climate change	Acidification	Human toxicity
1000 gr CO <sub>2</sub>	$x 1 = 1000$		Human toxicity potentials
10 gr. CH <sub>4</sub>	$x 23 = 230$		
10 gr. SO <sub>2</sub>	CO <sub>2</sub> -eq.	$x 1 = 10$	$x 9.6E-2 = 0.96$
5 gr. NO <sub>x</sub>		$x 0.7 = 3.5$	$x 1.2 = 6$
1E-7 gr dioxine		SO <sub>2</sub> -eq.	$x 1.3E9 = 130$
Total	1230	13.5	136.96

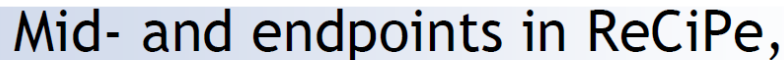
# Step 3 –

## Midpoint and Endpoint in a method

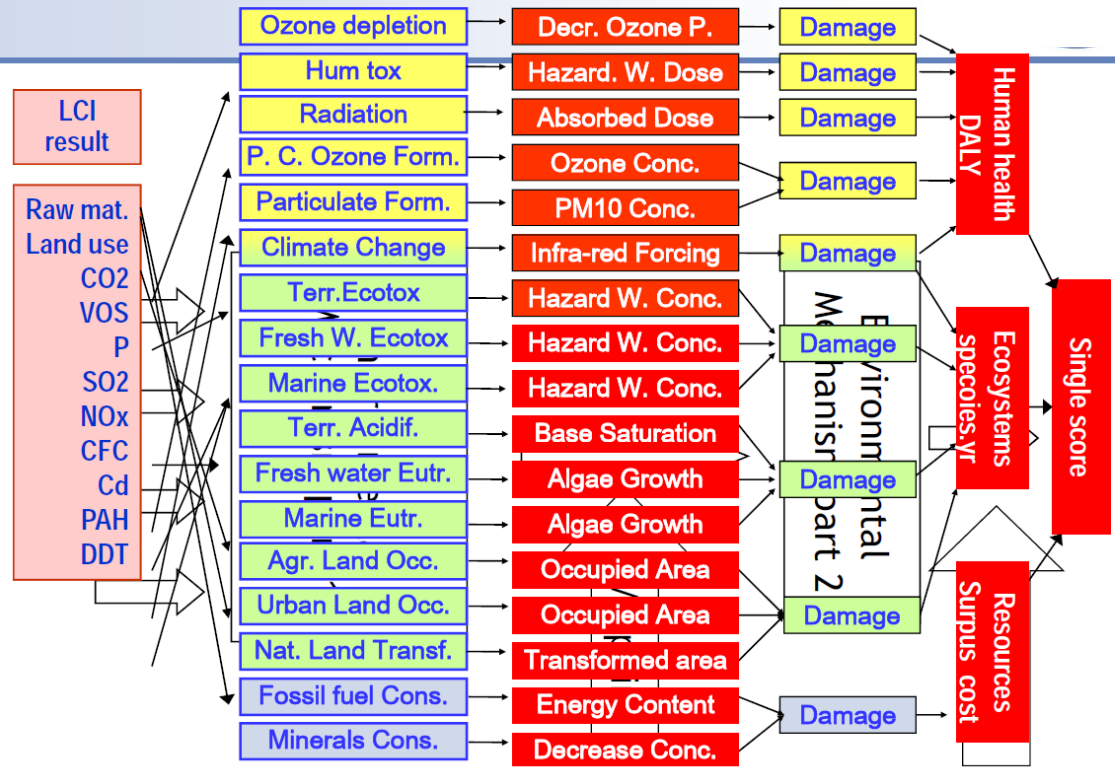


# Step 3 –

# Midpoint and Endpoint in a method



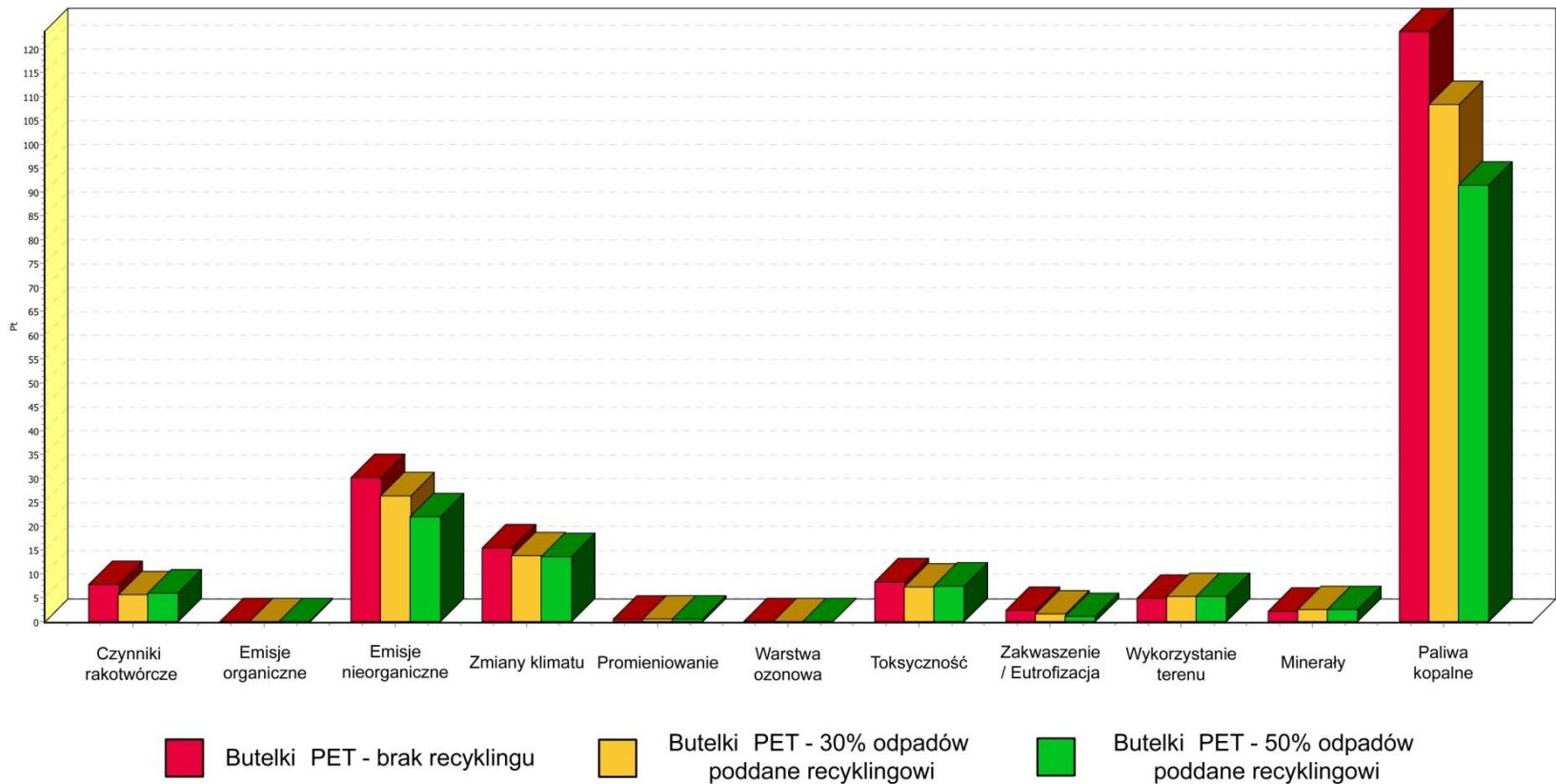
see [www.lcia-recipe.net](http://www.lcia-recipe.net)



# Step 3 – Impact Assessment

3 PET bottles – No recycling / recycling 30% & recycling 50%

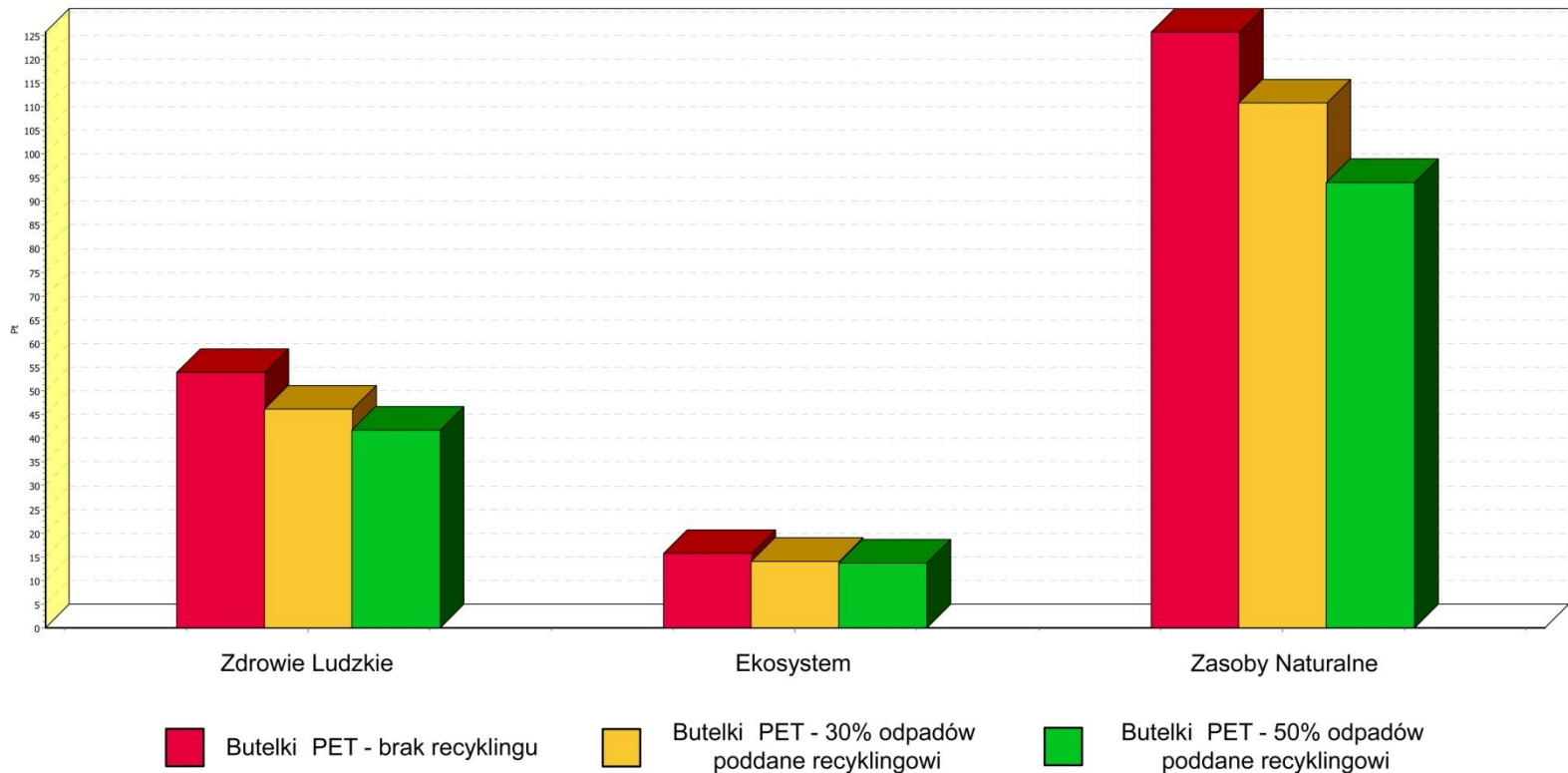
Method: Eco-indicator 99



# Step 3 – Impact Assessment

3 PET bottles – No recycling / recycling 30% & recycling 50%

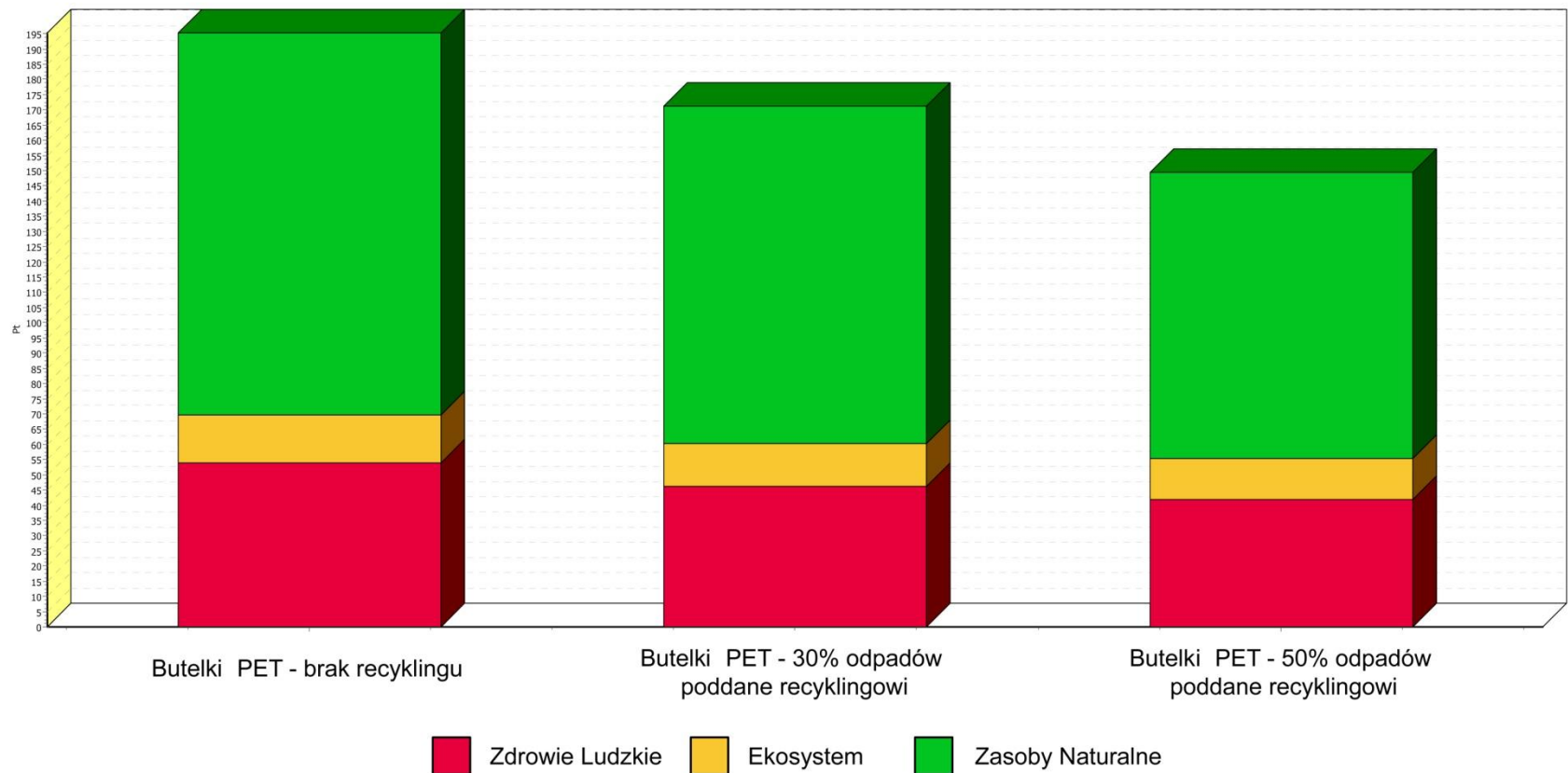
Method: Eco-indicator 99



# Step 3 – Impact Assessment

3 PET bottles – No recycling / recycling 30% & recycling 50%

Method: Eco-indicator 99



# Step 4 - Interpretation

**Continually ongoing** during assessment to help guide other phases

**Discussion of inventory analysis and impact assessment results** in LCA study

Can be modeled as **conclusions and recommendations** to the decision maker

Should be consistent with and **based on goal and scope** of the study

Should **reflect the various uncertainties** inherent in LCA including:

- LCA is based on a relative approach using a functional unit
- Impacts are “potential”

# Step 4 - Interpretation

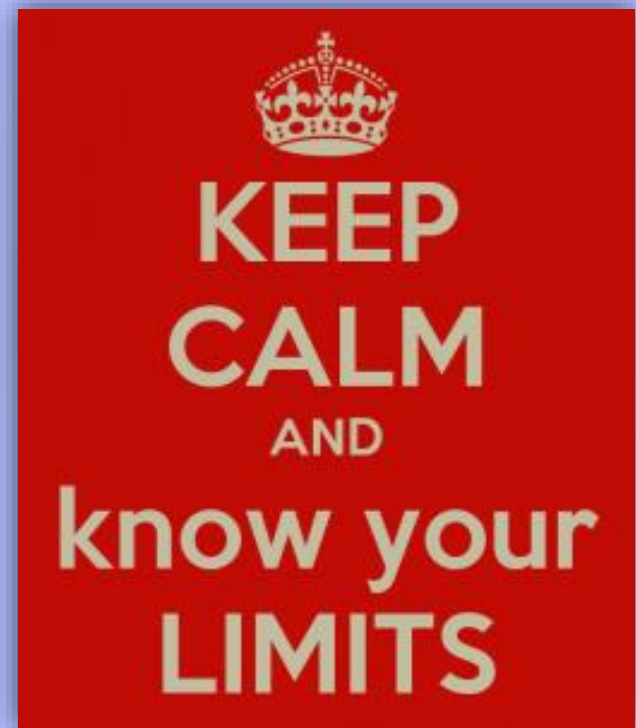
**ISO 14044 standard recommends that before drawing conclusions and preparing a report from 3 previous steps, following elements should be checked:**

- Check consistency of results with goal and scope definitions
- Check processes with highest environmental impact
- Check for anomalies (use best judgment)
- Check whether the method is consistent with assessed product
- Some methods omit substances present in the LCI – check whether the number of omitted substances influence the result by choosing a different method
- LCA is not objective, therefore it is helpful to check how the LCA results are dependent on our choices throughout the process.
- Perform uncertainty and sensitivity analysis where logical and possible. Prepare few scenarios.



# Limitations of LCA

- “Not a complete assessment of all environmental issues” because only those identified in the goal and scope are considered
- LCI can rarely, if ever, include every single process and capture every single input and output due to system boundaries, data gaps, cut-off criteria, etc.
- LCI data collected contains uncertainty
- Characterization models are far from perfect
- Sensitivity and other uncertainty analyses are not fully developed



# Critical Review

- Necessary component for comparative studies disclosed to the public
- Verifies process and consistency with principles
  - Not an endorsement
  - Does not verify or validate goals
- Can improve credibility of study
- Critical review process defined in goal and scope!
- External independent chair person and at least two other members



# Summary Features of an LCA

- **Systematic procedure** for **environmental assessment** through product or process life cycle
- **Functional unit basis for comparisons** differs from many other environmental management techniques
- **Amenable to data confidentiality needs** and proprietary matters
- **Open to update** based on new science and developing techniques
- Not overly restrictive
- Impacts identified are all expressed as **POTENTIAL**
- LCIA converts LCI results to environmental issues based on characterization factors
- **Systematic approach to identify, check, evaluate and present information based on goal and scope**
- **Iterative process with continual interpretation**
- May **link to other environmental management techniques**

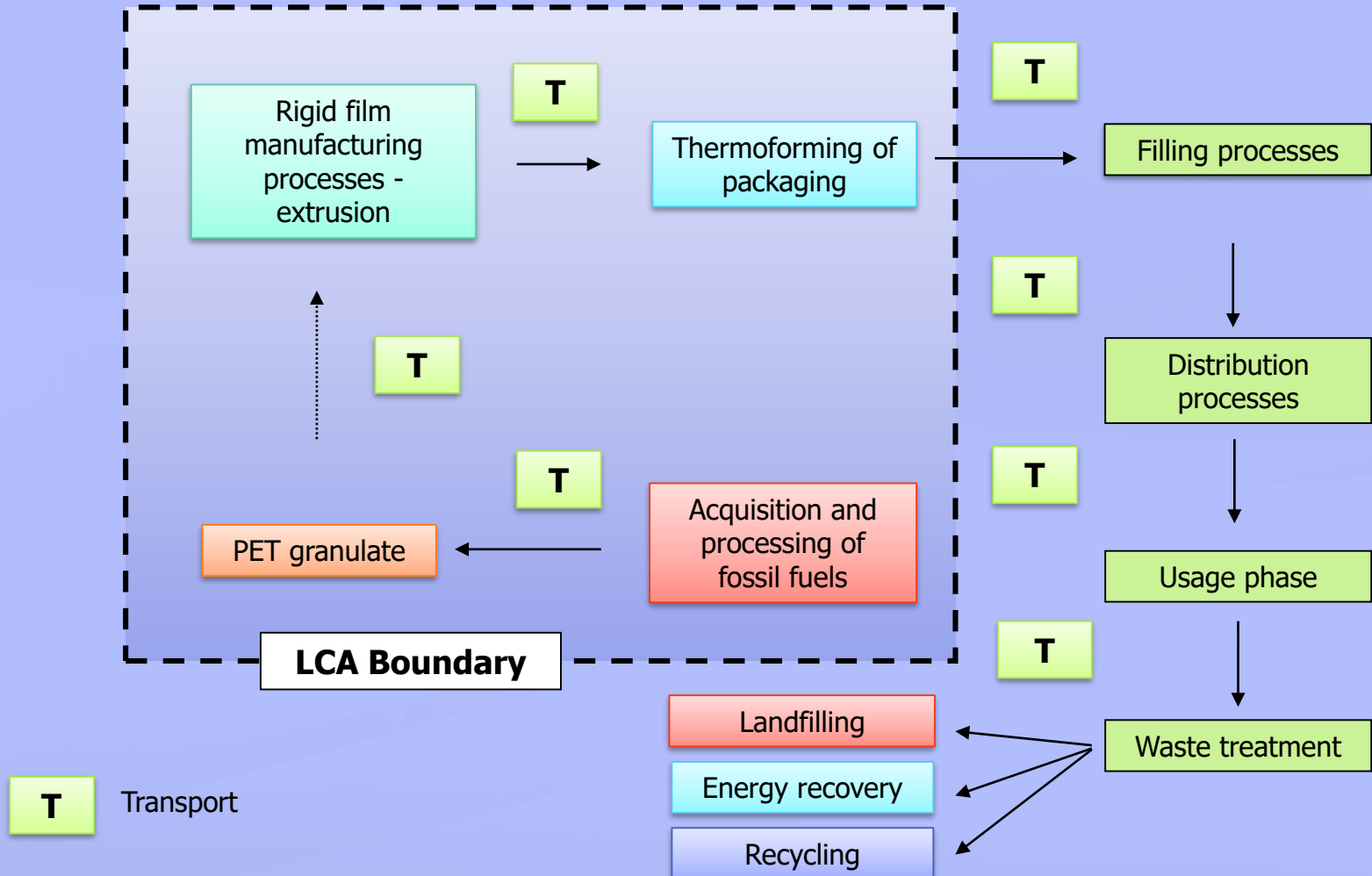
# Example



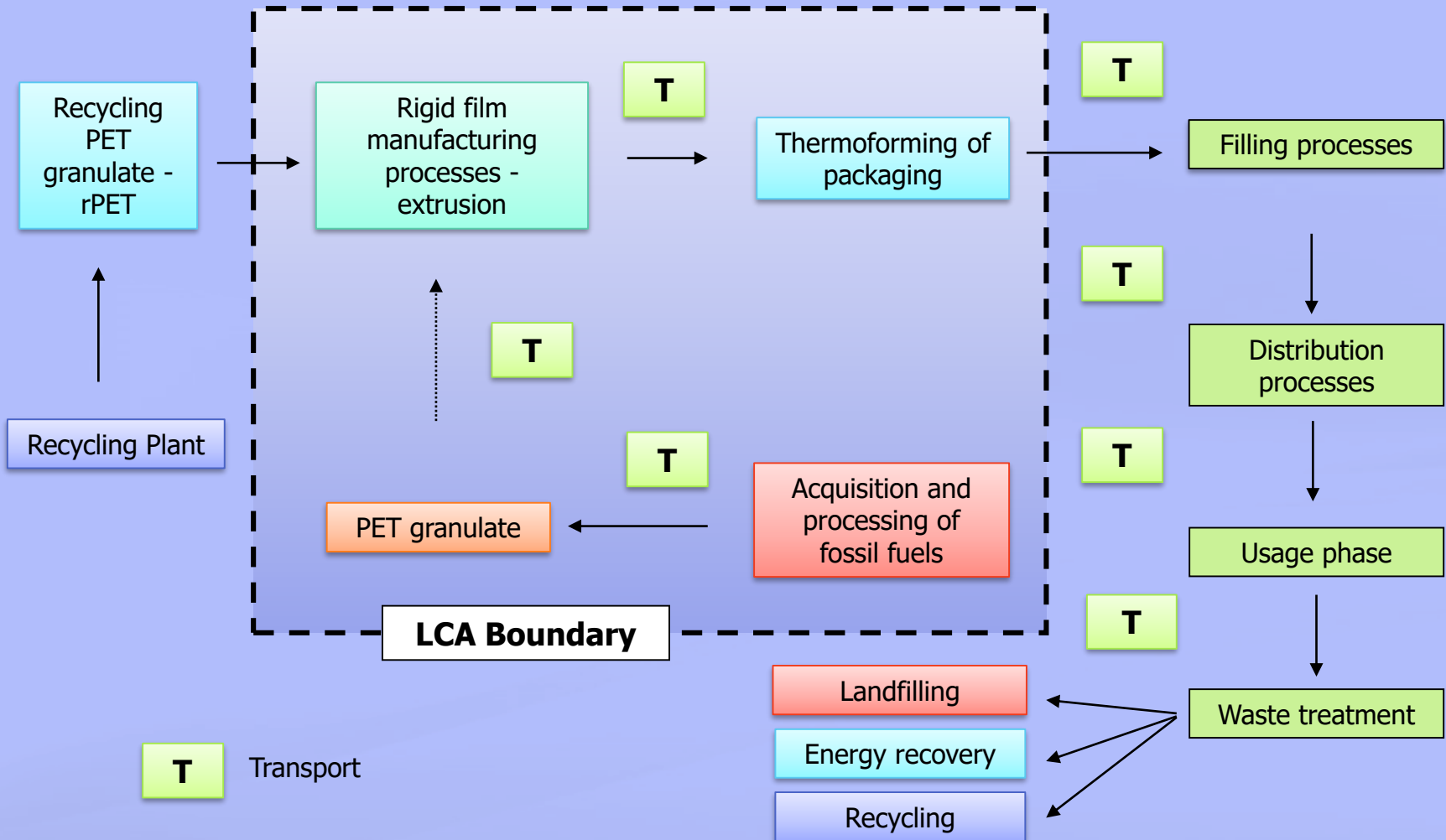
**Cheery tomato container from the following materials :**

- 1. PP**
- 2. PET**
- 3. rPET**
- 4. PLA**

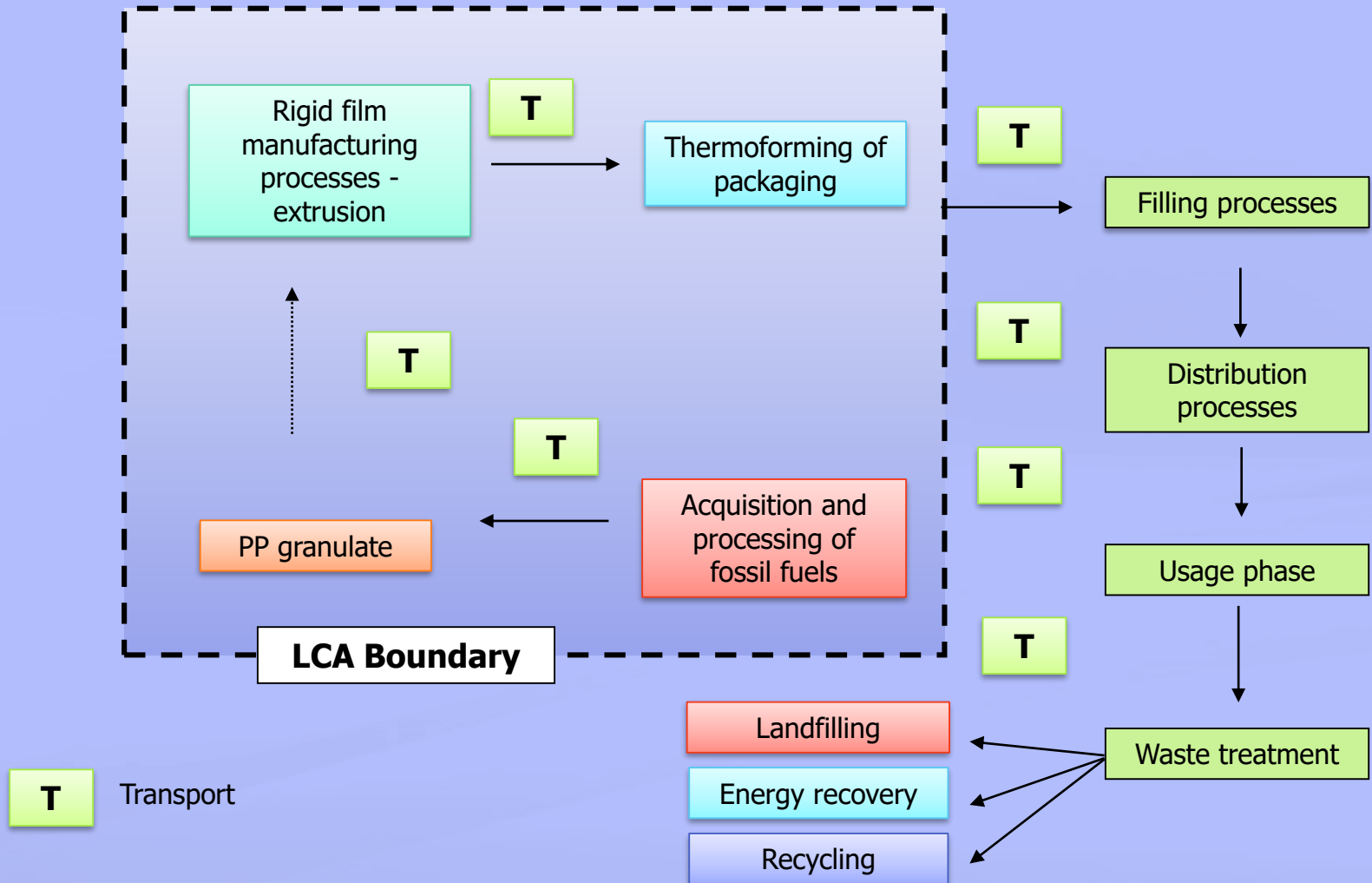
# Example



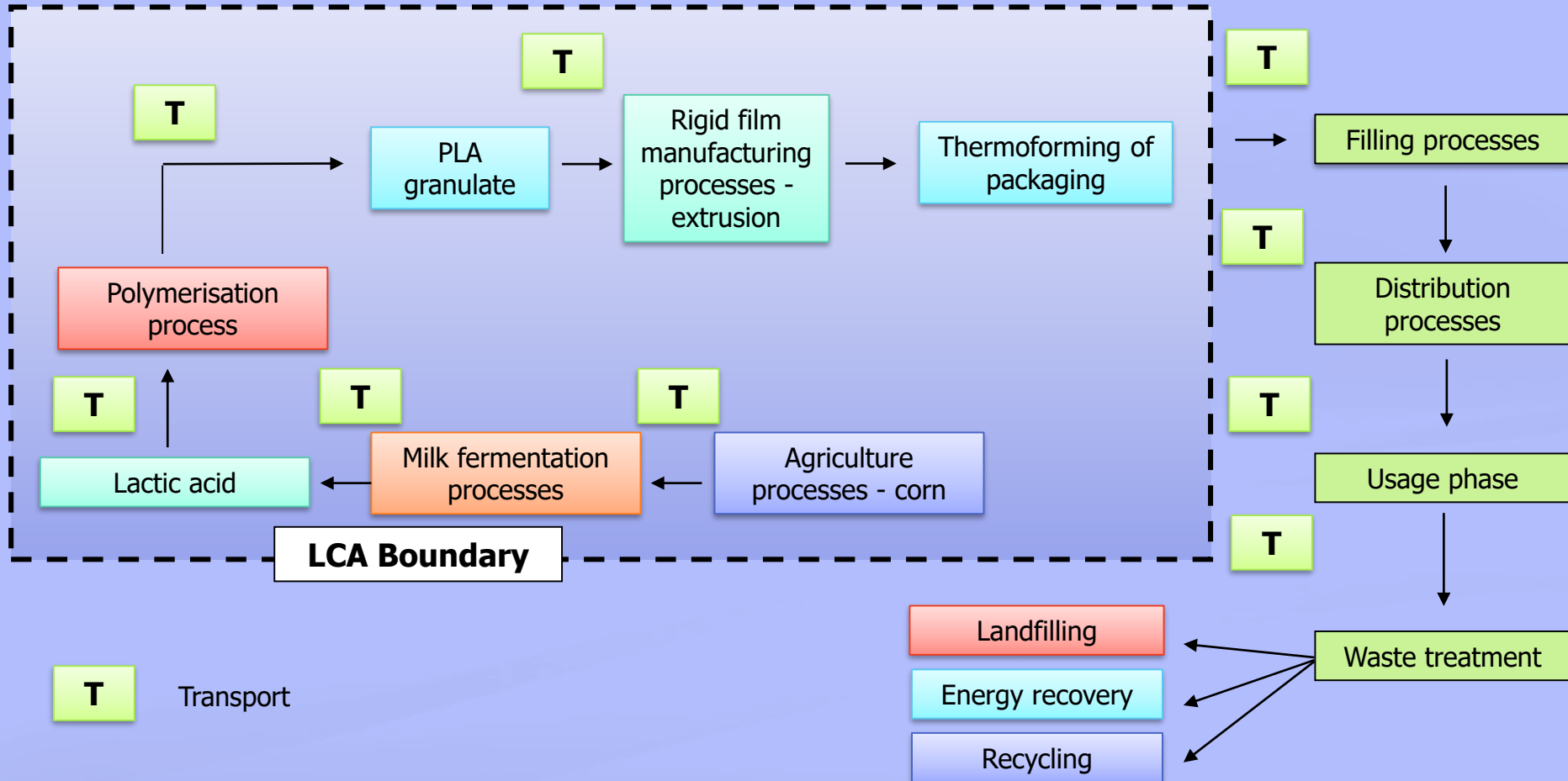
# Example



# Example



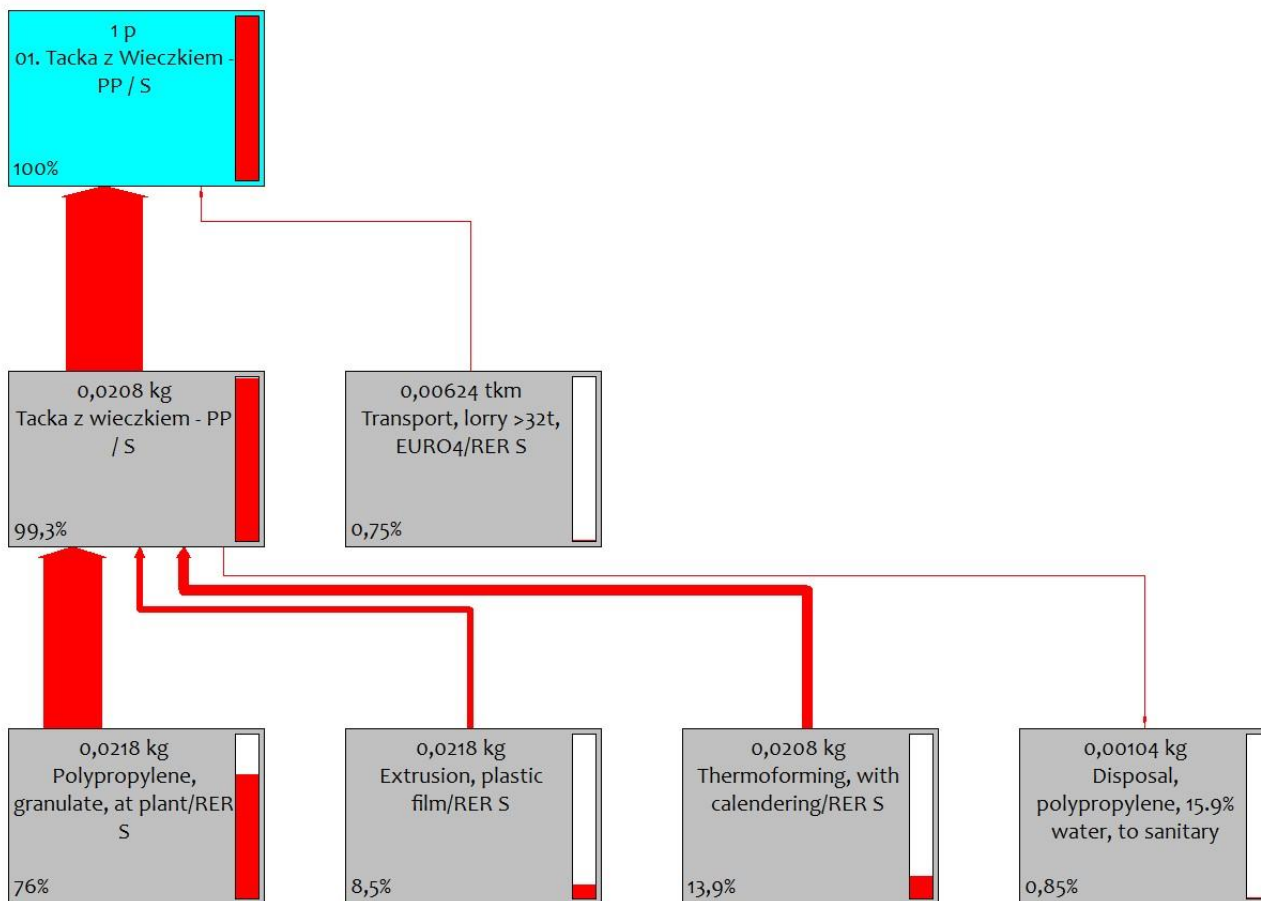
# Example





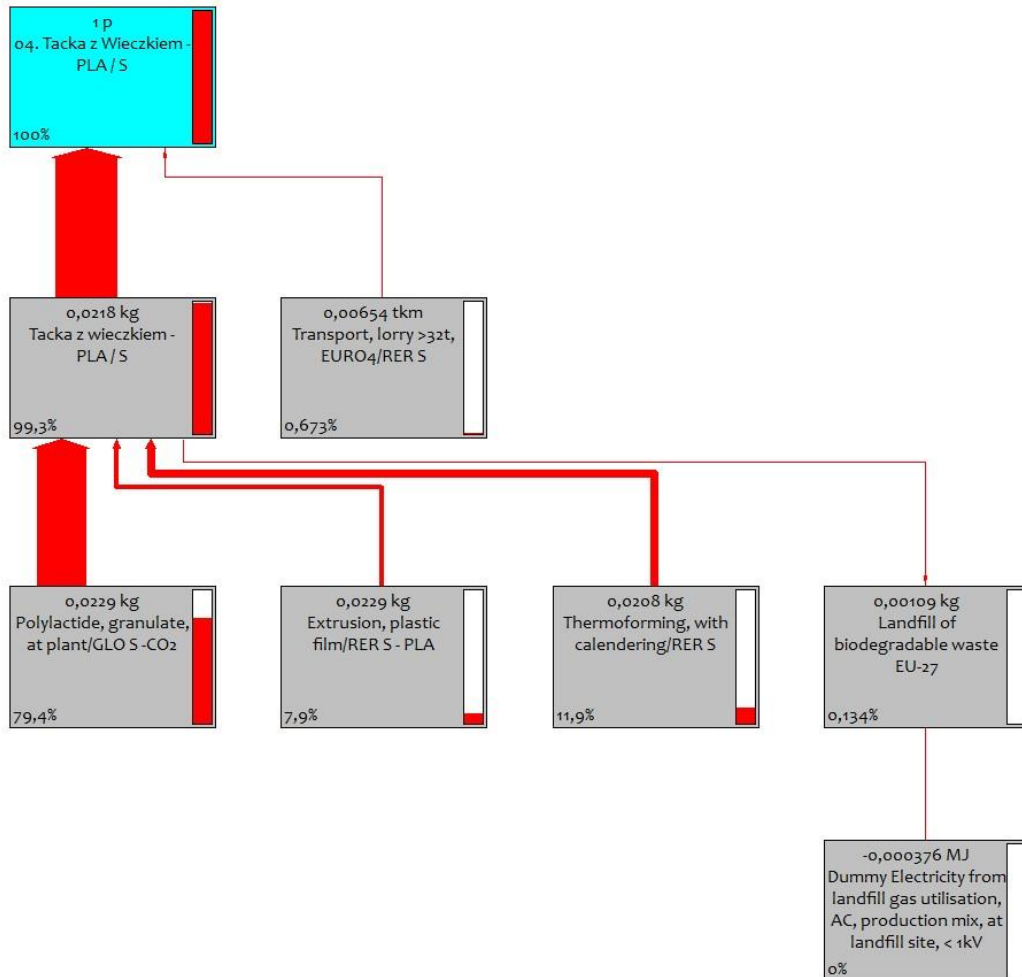
# Example

## PP container



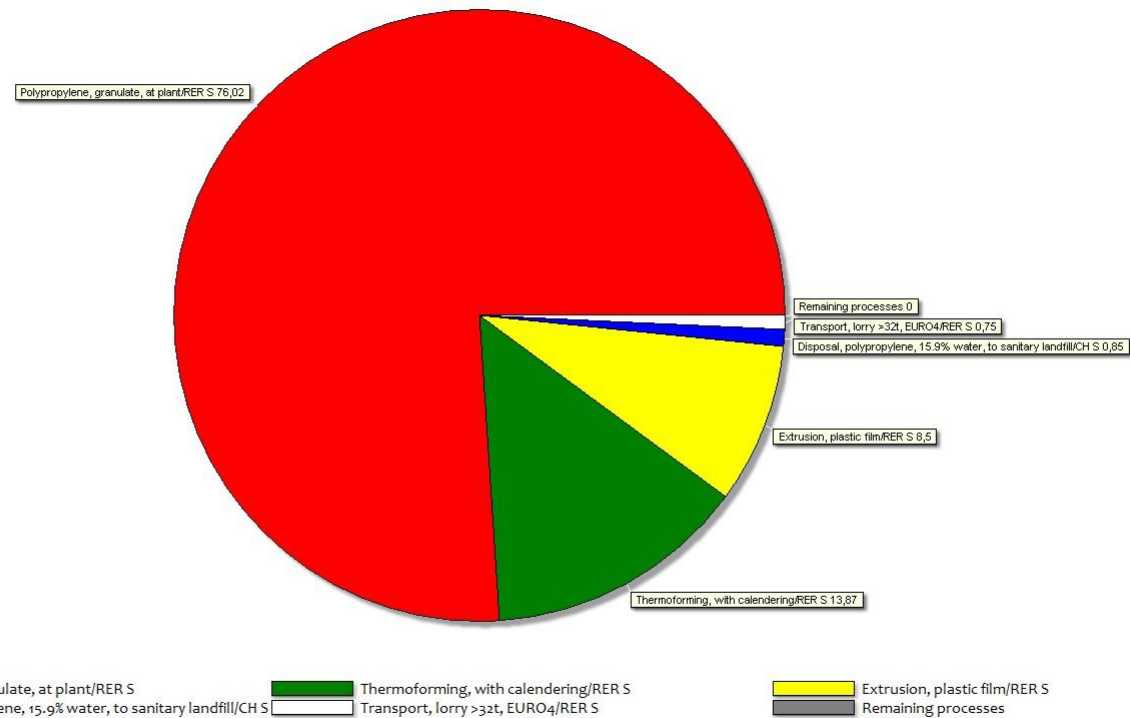
# Example

## PLA container



# Example

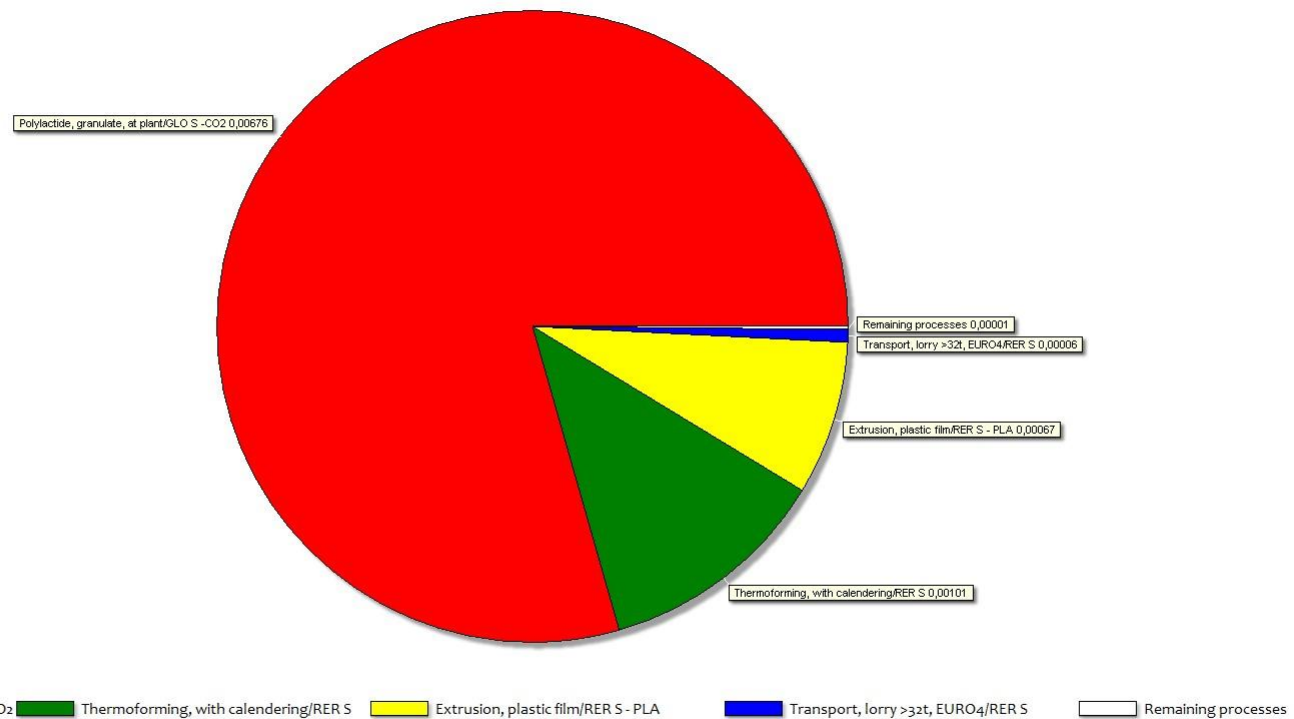
## PP container



Analyzing 1 p '01. Tacka z Włeczkiem - PP / S';  
Method: Eco-indicator 99 (H) V2.07 / Europe EI 99 H/A / Single score

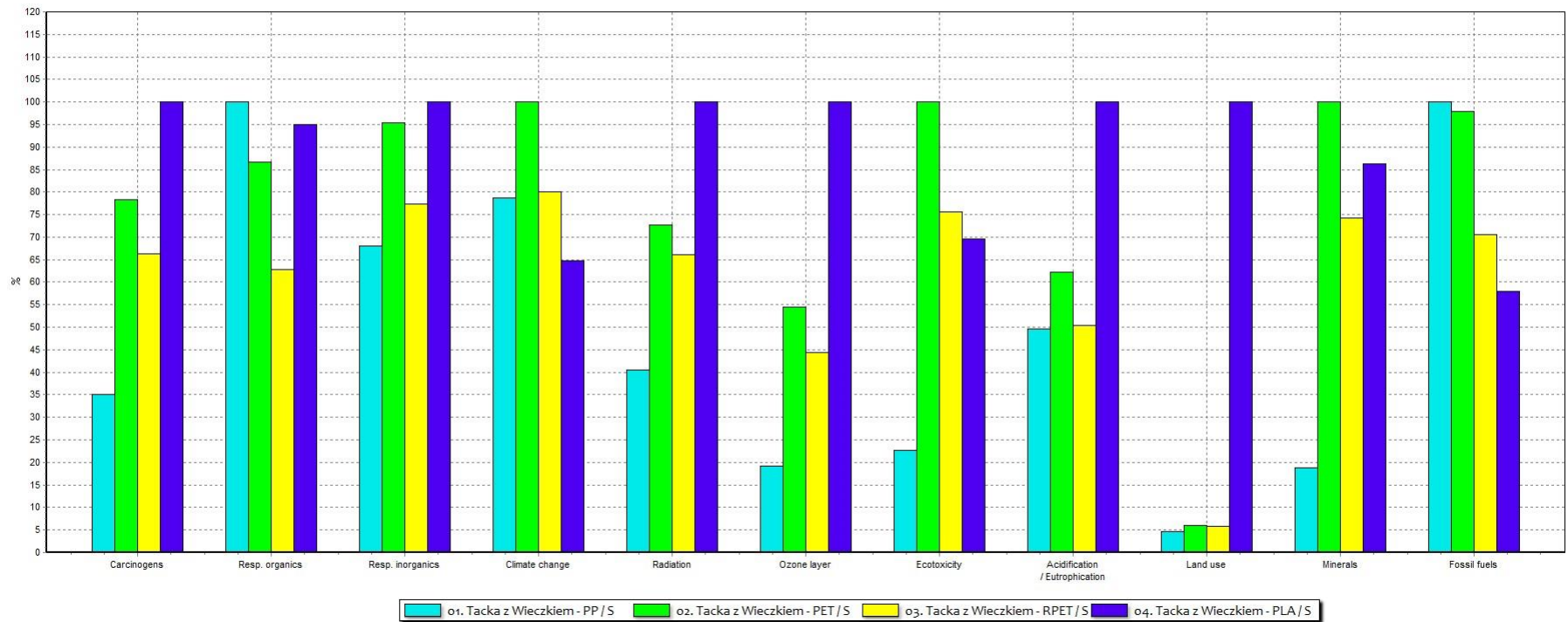
# Example

## PLA container



Analyzing 1 p '04. Tacka z Wieczkiem - PLA / S';  
Method: Eco-indicator 99 (H) V2.07 / Europe El 99 H/A / Single score

# Example



PP



PET

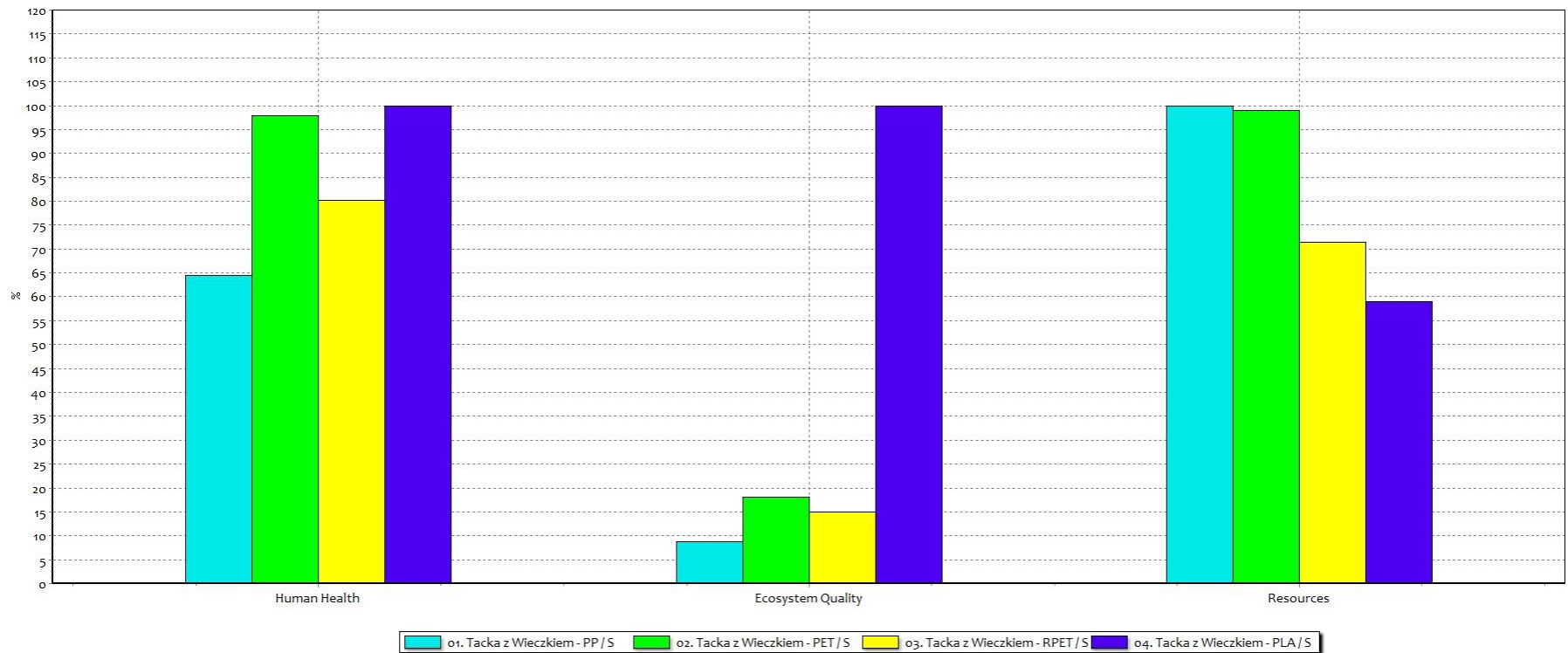


rPET



PLA

# Example



PP



PET

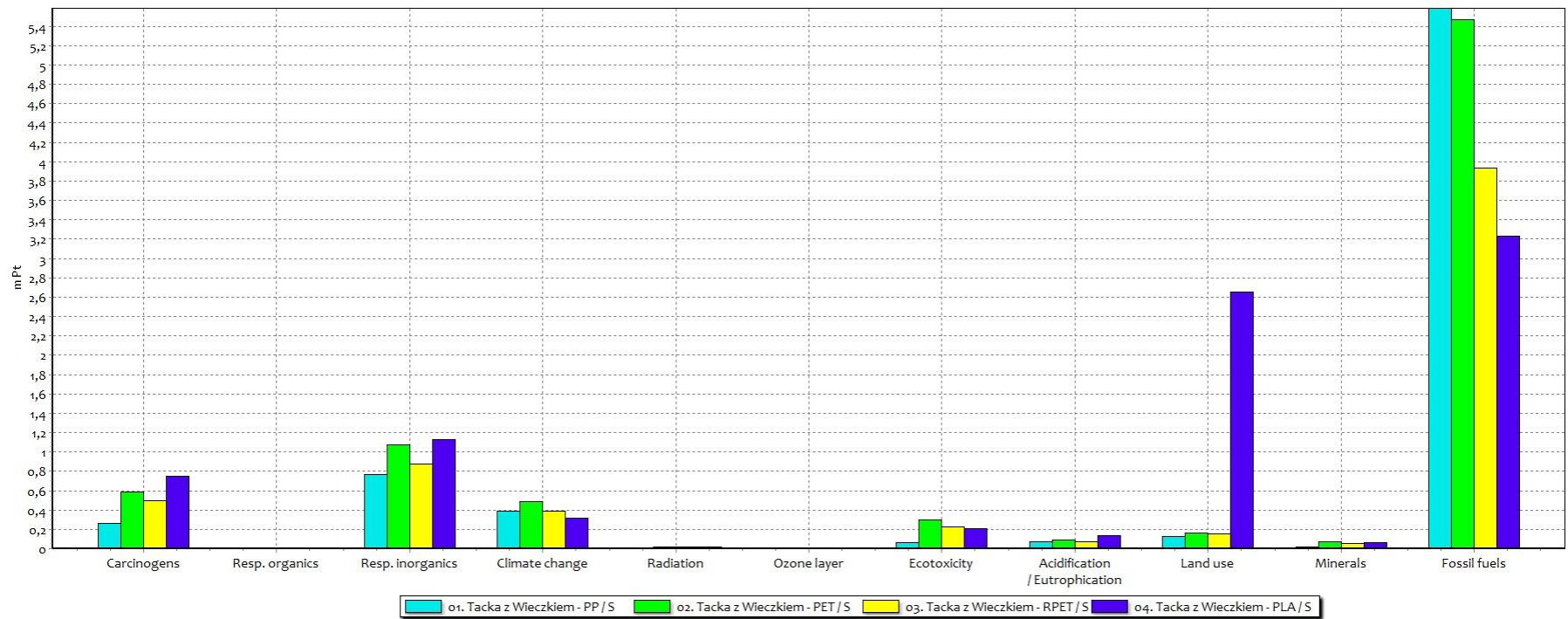


rPET



PLA

# Example



PP



PET

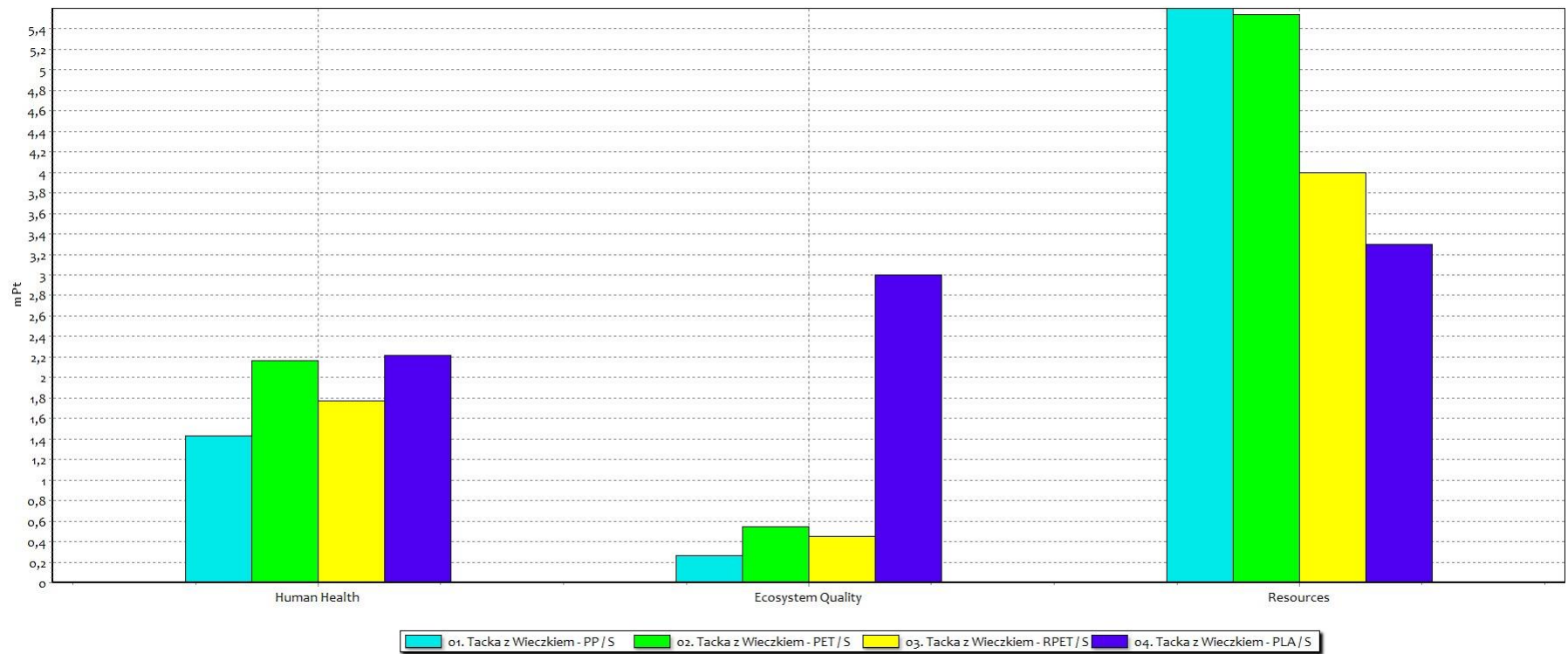


rPET



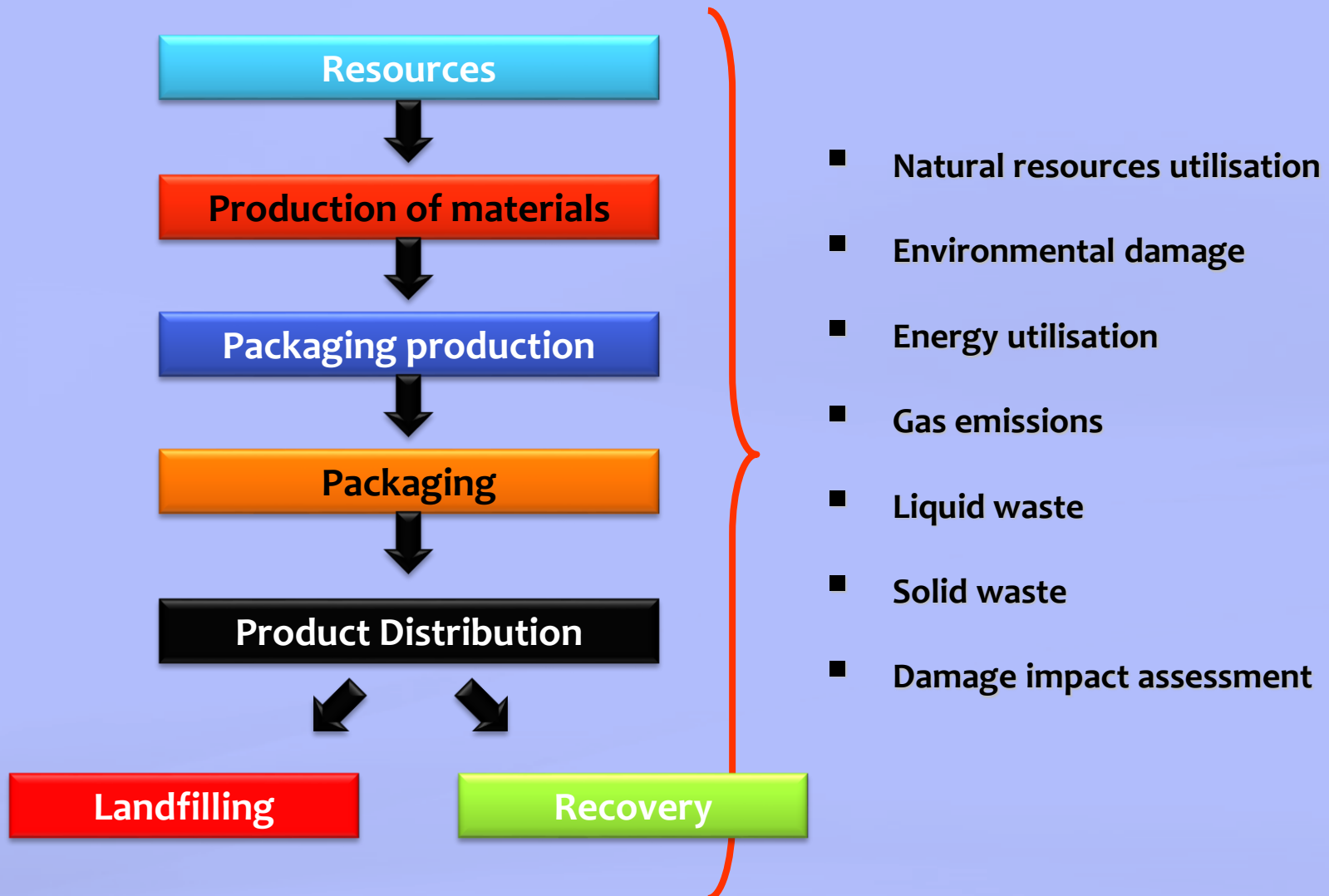
PLA

# Example





# Summary



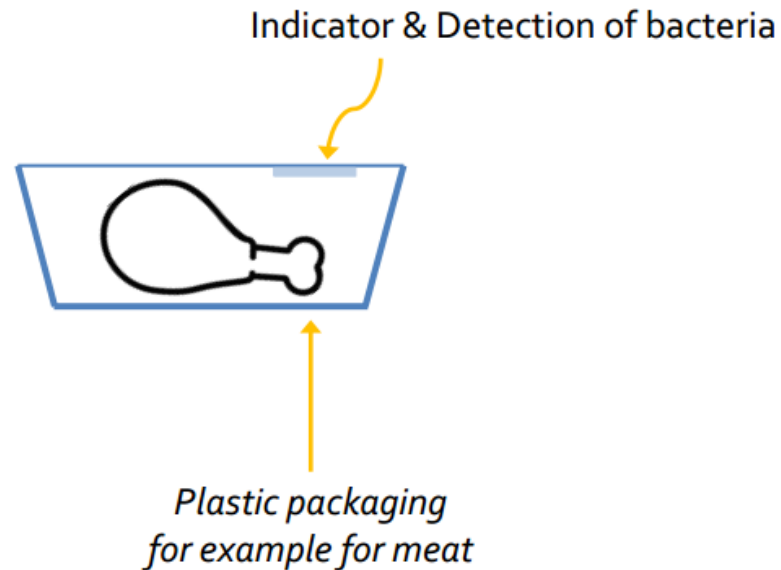
# COST Action LCA

## Presentation of demonstrator products

- 3 products - 1 intelligent / 2 active
- Products chosen and agreed upon in previous ActInPak COST action meetings
- Demonstrator products refined for LCA purposes:
  1. Intelligent indicator for meat products – assumptions that the indicator is binary – it either shows that the meat is fresh, or not.
  2. Packed bread active packaging – bread in active packaging does not have preservatives
  3. Fruits/Vegetables active corrugated box – strawberries chosen as the packed product.

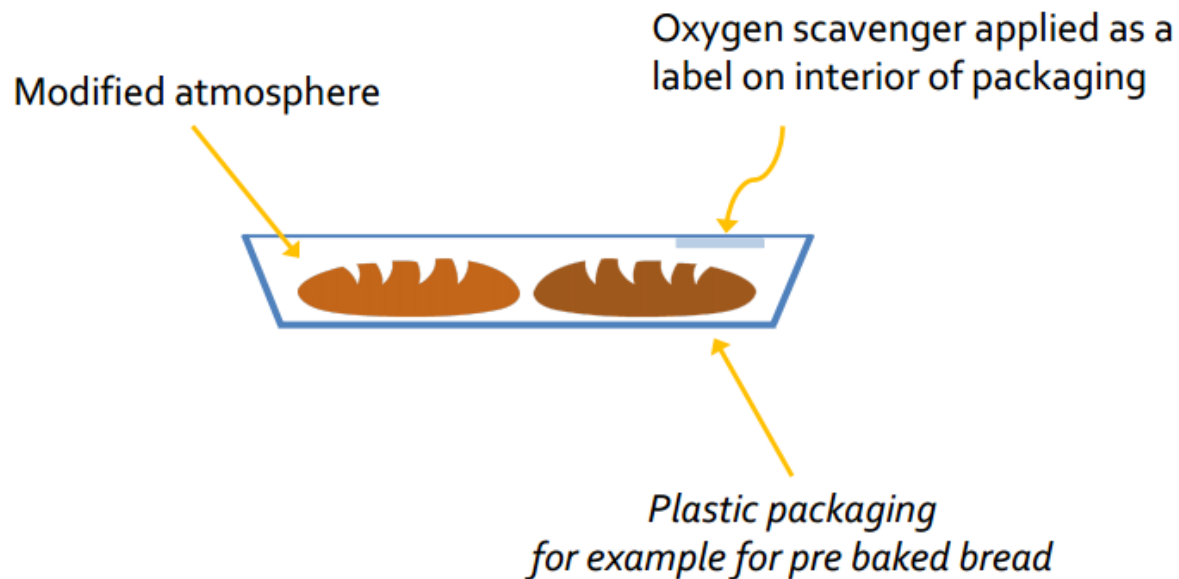
# ActInPak Demonstrators

## Demonstrator 1 – Intelligent



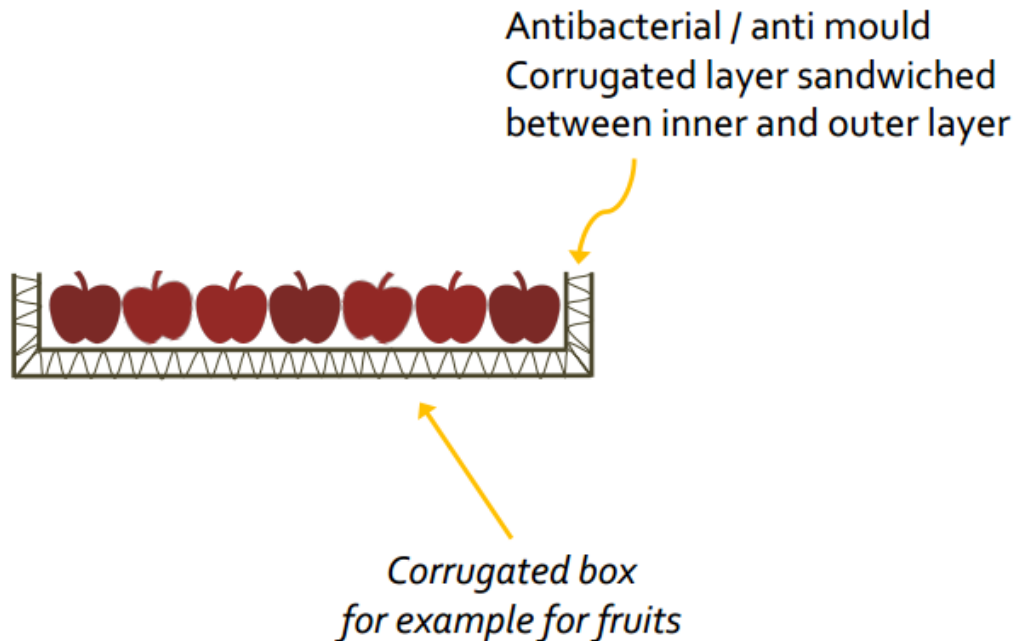
# ActInPak Demonstrators

## Demonstrator 2 – Active



# ActInPak Demonstrators

## Demonstrator 3 – Active



# COST Action LCA

**Discussion on the goal and target group of LCA - *Brain storm in 3 groups***

**Common group decision:**

Target of the LCA:

**Brand Owner / Retailer / Packer**

# COST Action LCA

**Discussion on the scope of LCA for all 3 demonstrator products - *Brain storm in 3 groups***

**Common group decision:**

Scope of all three LCA's:

**Cradle to Grave – Product +  
Packaging – including three end of  
life scenarios**

# COST Action LCA

**Discussion on the scope of LCA for all 3 demonstrator products - *Brain storm in 3 groups***

## **End of life scenarios:**

- Recycling heavy
- Mixed
- Landfill heavy



# COST Action LCA

**Discussion on the functional unit for all 3 demonstrator products - *Brain storm in 2 groups***

- 1. Intelligent meat packaging:**
  - *100 kg of meat consumed*
- 2. Active bread packaging:**
  - 100 kg of packed bread sold
- 3. Active strawberries packaging:**
  - 100 kg of strawberries consumed

# COST Action LCA

## Intelligent meat packaging:

- *100 kg of meat consumed*

## Assumptions:

- **Packaging with indicator:**
  - Some loss before best before date (due to non optimal storage conditions)
  - Savings after best before date – indicator not activated after x days after best before date = increased consumption
- **Packaging without indicator:**
  - Certain loss after best before date

# COST Action LCA

## Active bread packaging:

- *100 kg of packed bread sold*

## Assumptions:

- **Packaging with active component:**
  - Bread without preservatives
  - Shelf life is the same as in packaging without active component
- **Packaging without active component:**
  - Bread with preservatives
  - Shelf life is the same as in packaging with active component

# COST Action LCA

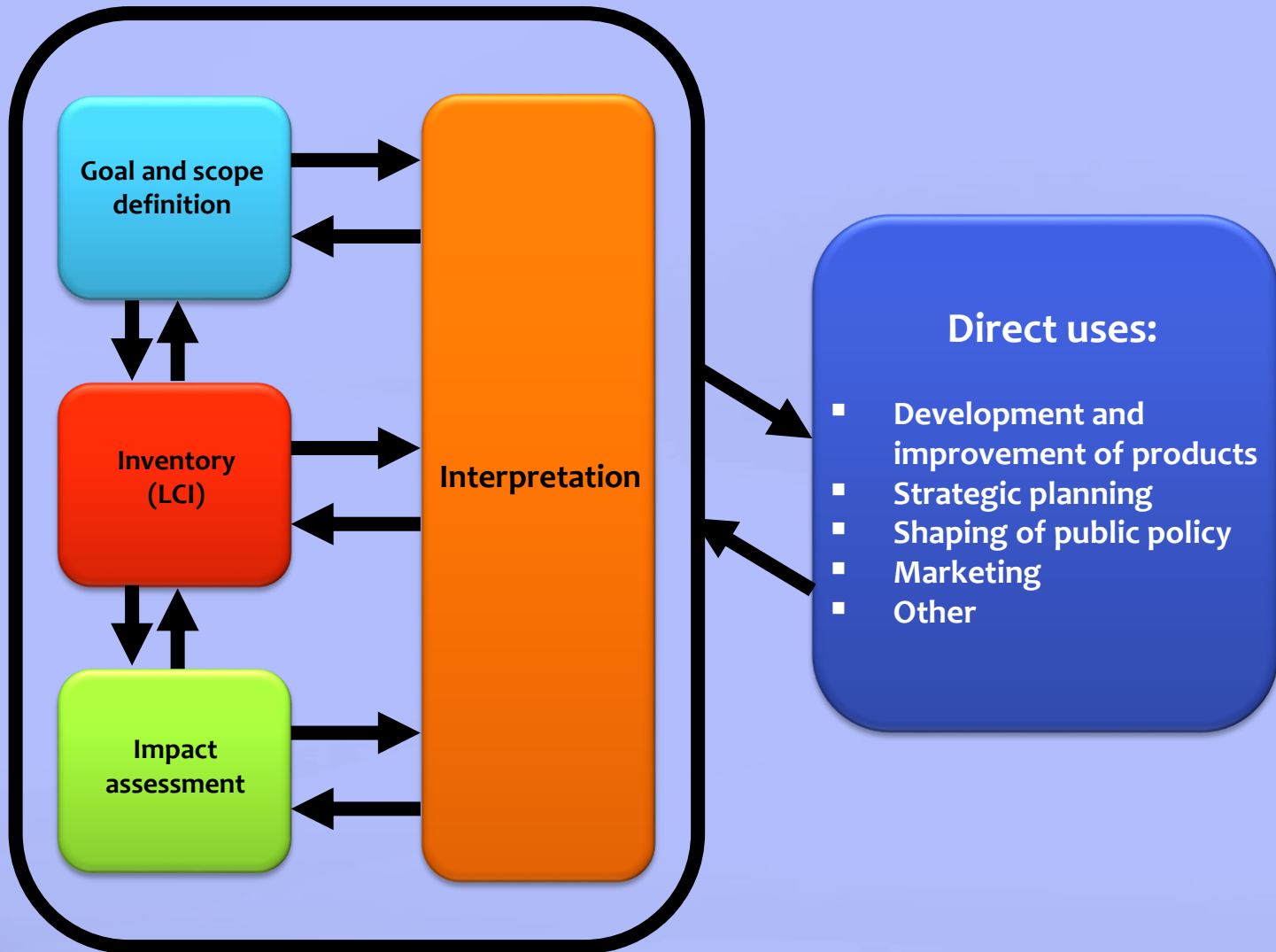
## **Active strawberries packaging:**

- 100 kg of strawberries consumed

## **Assumptions:**

- **Packaging with active component:**
  - Direct impact on a shelf life- shelf life is longer
- **Packaging without active component:**
  - shelf life is normal

# LCA in 4 steps



# LCA Example Workshop

## **LCA Example – Bottled Water**

**Why would we want to do an LCA of bottled water?**

**~ 15 minutes group work**

# LCA Example Workshop

## Goal

*Goal statement is the first component of an LCA and guides much of the subsequent analysis*

Goal must state:

Intended use

Reasons for study

Audience

Whether comparative and disclosed to public

## Scope

*Scope provides background information, details methodological choices, and lays out report format*

Scope includes:

Product system

Functions of systems

Functional unit

System boundary

Allocation procedures

Impact categories, assessment

method and interpretation type

# LCA Example Workshop

## Goal

Goal must state:

### **Intended use**

- *Internal simplified example of LCA for our summer school*

### **Reasons for study**

- *To present the workflow of performing LCA in a workshop format*

### **Audience**

- *Summer school attendees*

### **Whether comparative and disclosed to public**

- *Comparative – not disclosed to public*



# LCA Example Workshop

## Scope

Scope includes:

Product system

Functions of systems

Functional unit

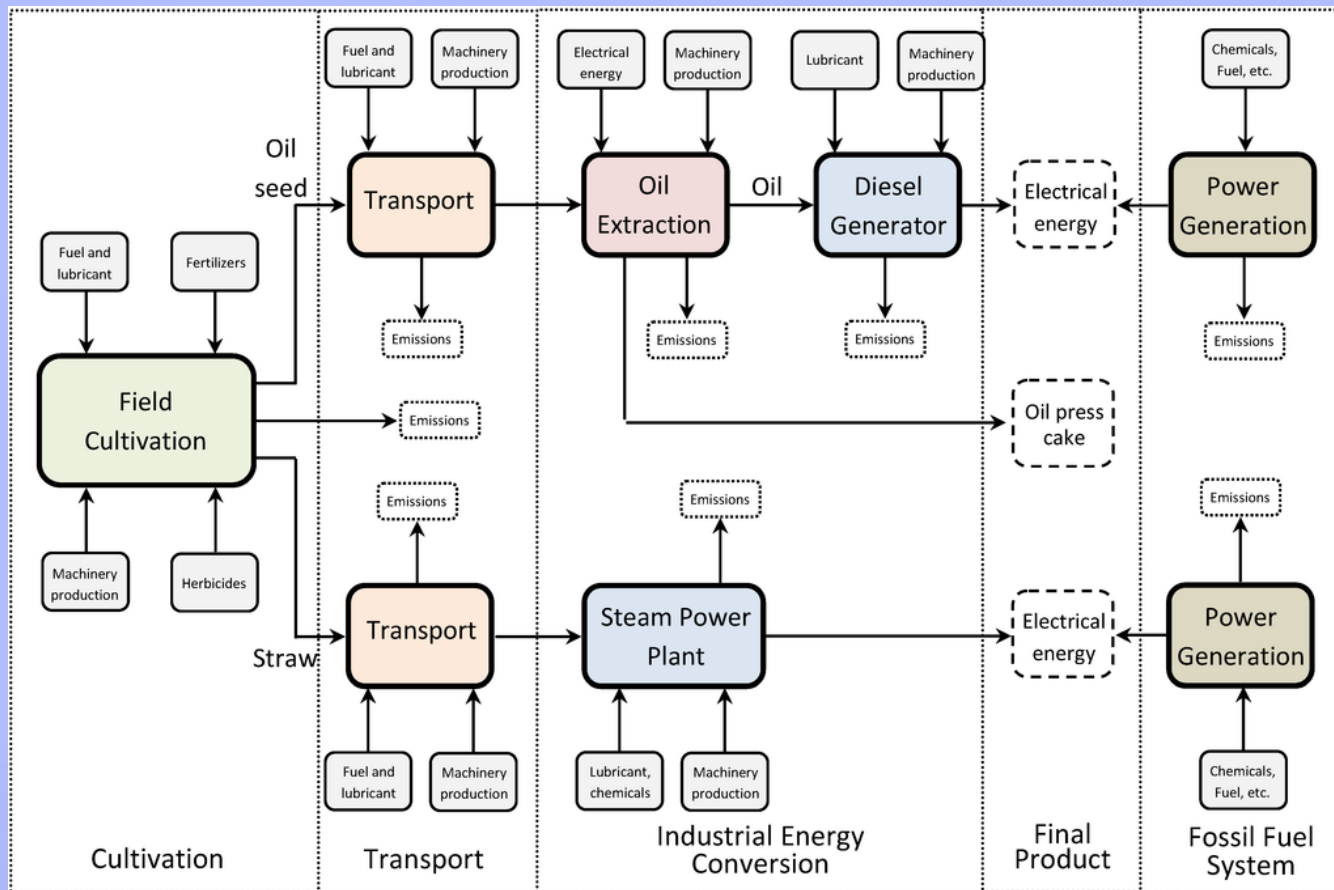
System boundary

Allocation procedures

Impact categories, assessment  
method and interpretation type

# LCA Example Workshop

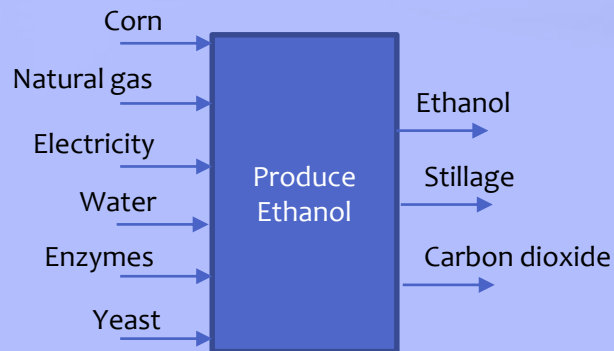
## Product system



# Process

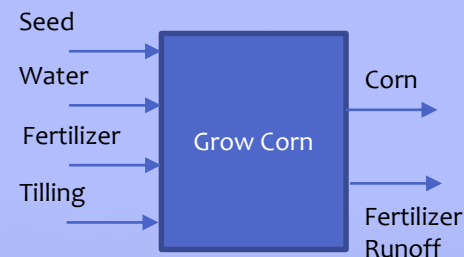
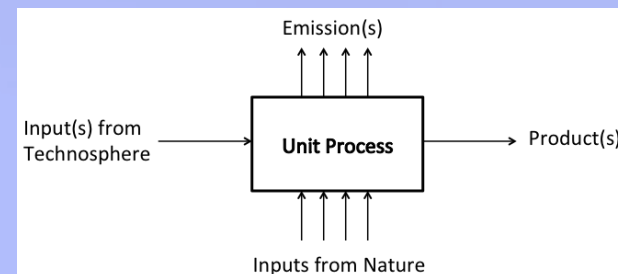
## Process

*“Set of interrelated or interacting activities that transforms inputs into outputs.”*



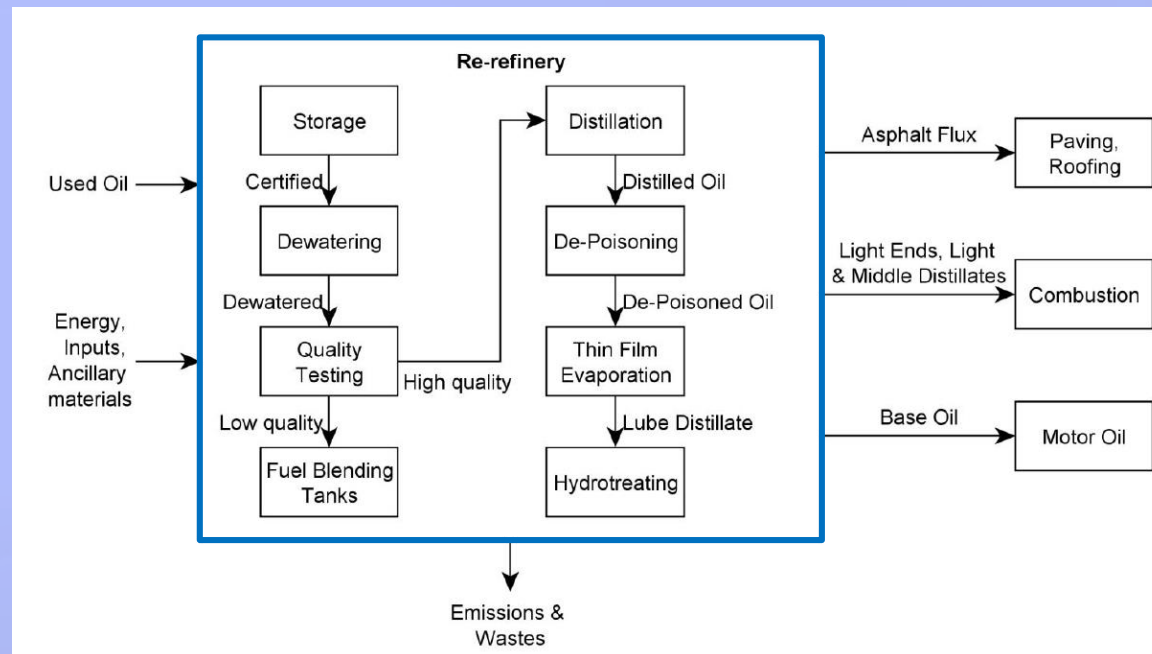
## Unit process

*“Smallest element considered in the life cycle inventory analysis for which input and output data are quantified.”*



# Product System

*“Collection of unit processes with elementary and product flows, performing one or more defined functions, and which models the life cycle of a product”*



# LCA Example Workshop



# LCA Example Workshop

## Scope

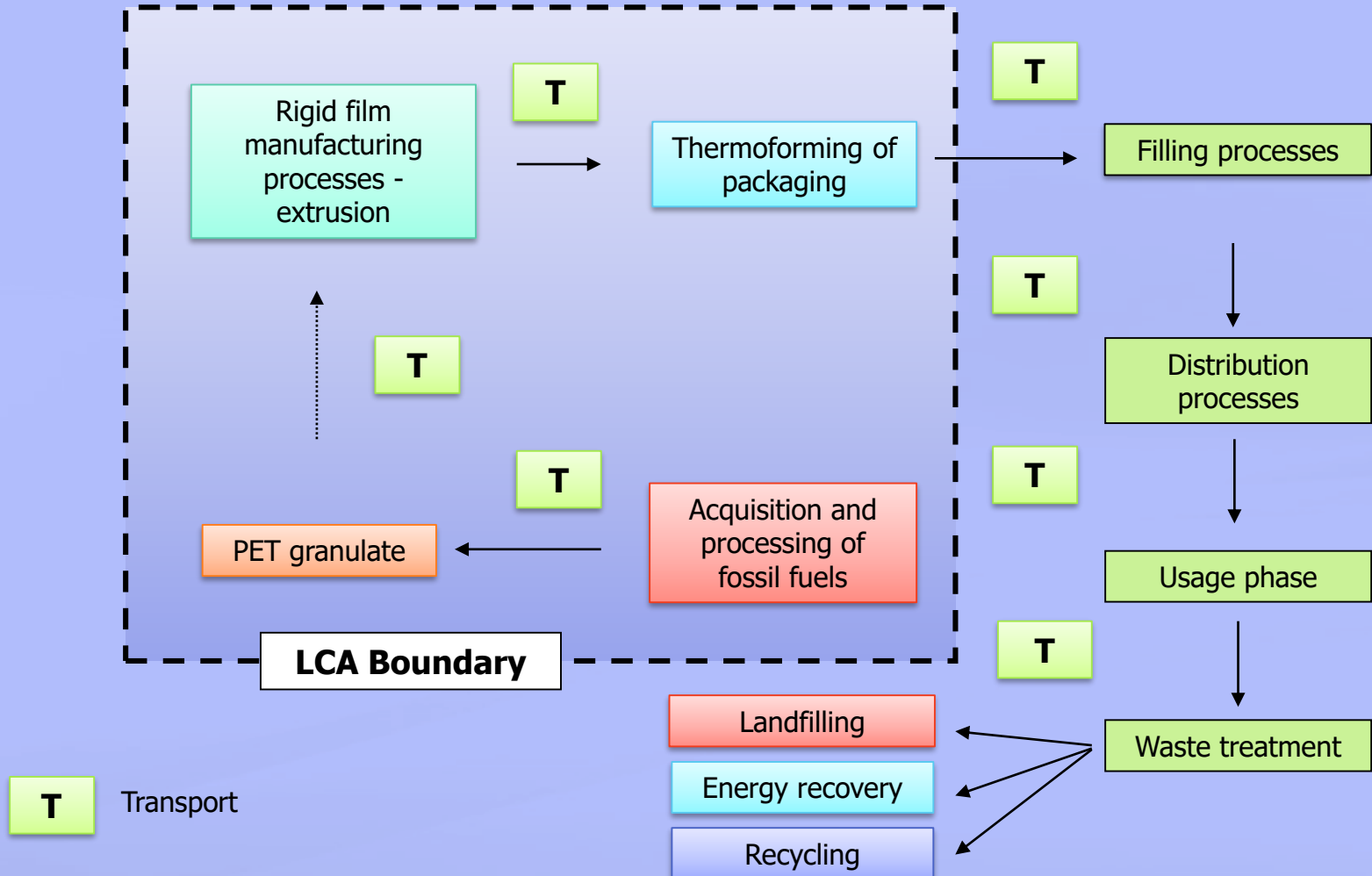
**Product system**

**Draw product system for 2 types of bottled water packaging – BLOCK DIAGRAM**

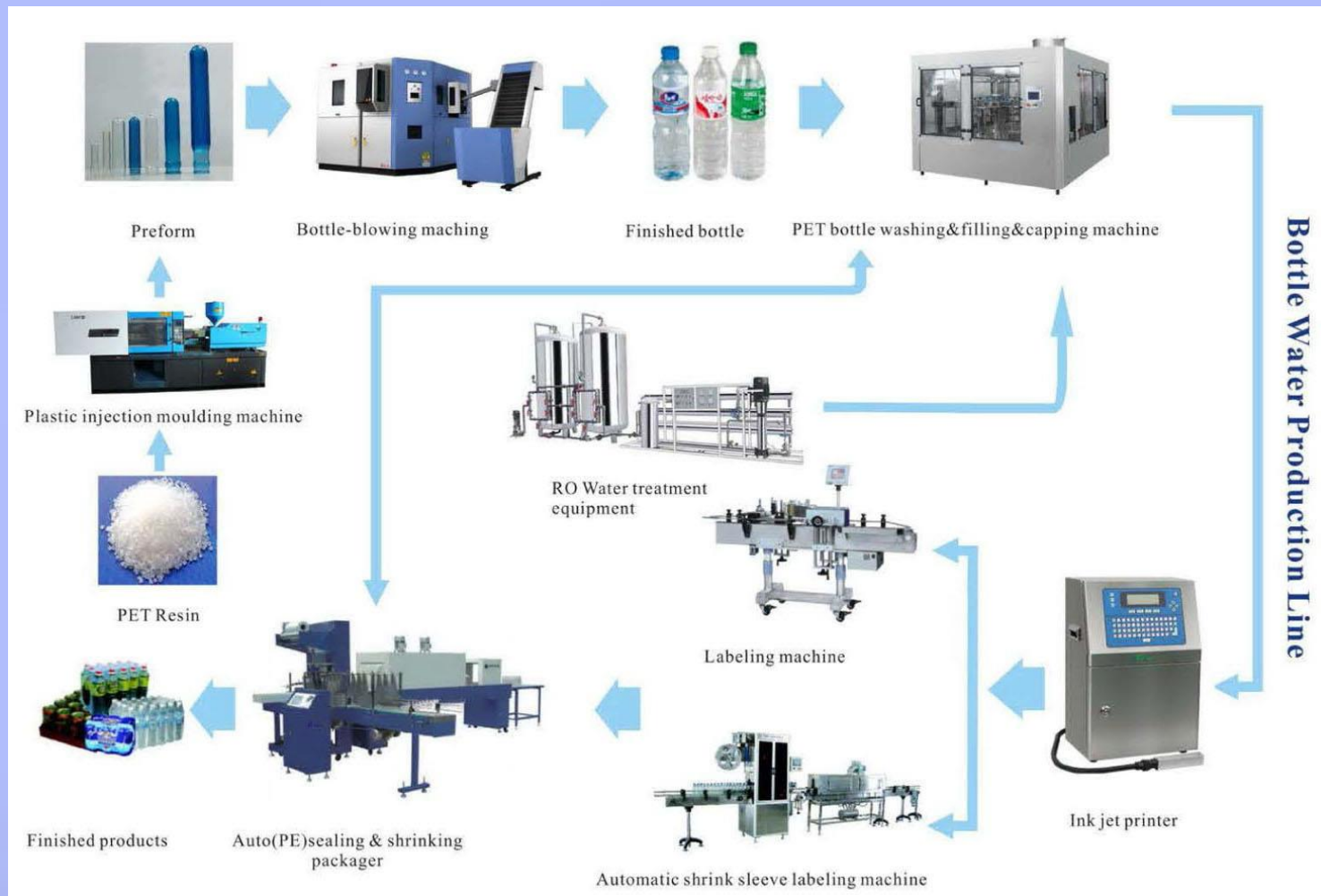
- **Glass bottle**
- **Plastic (PET) bottle**

**~ 20 minutes group work**

# Product System

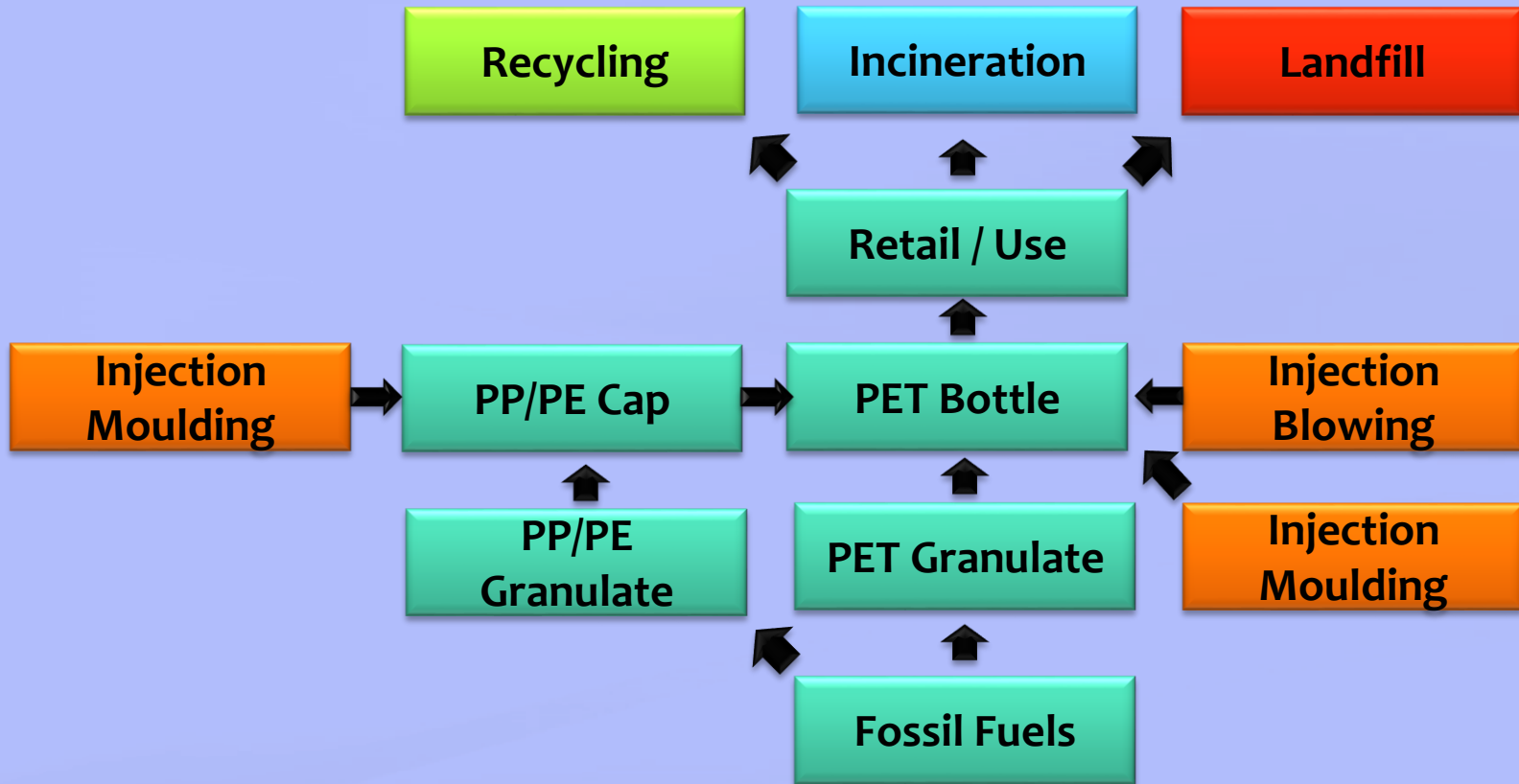


# Product System

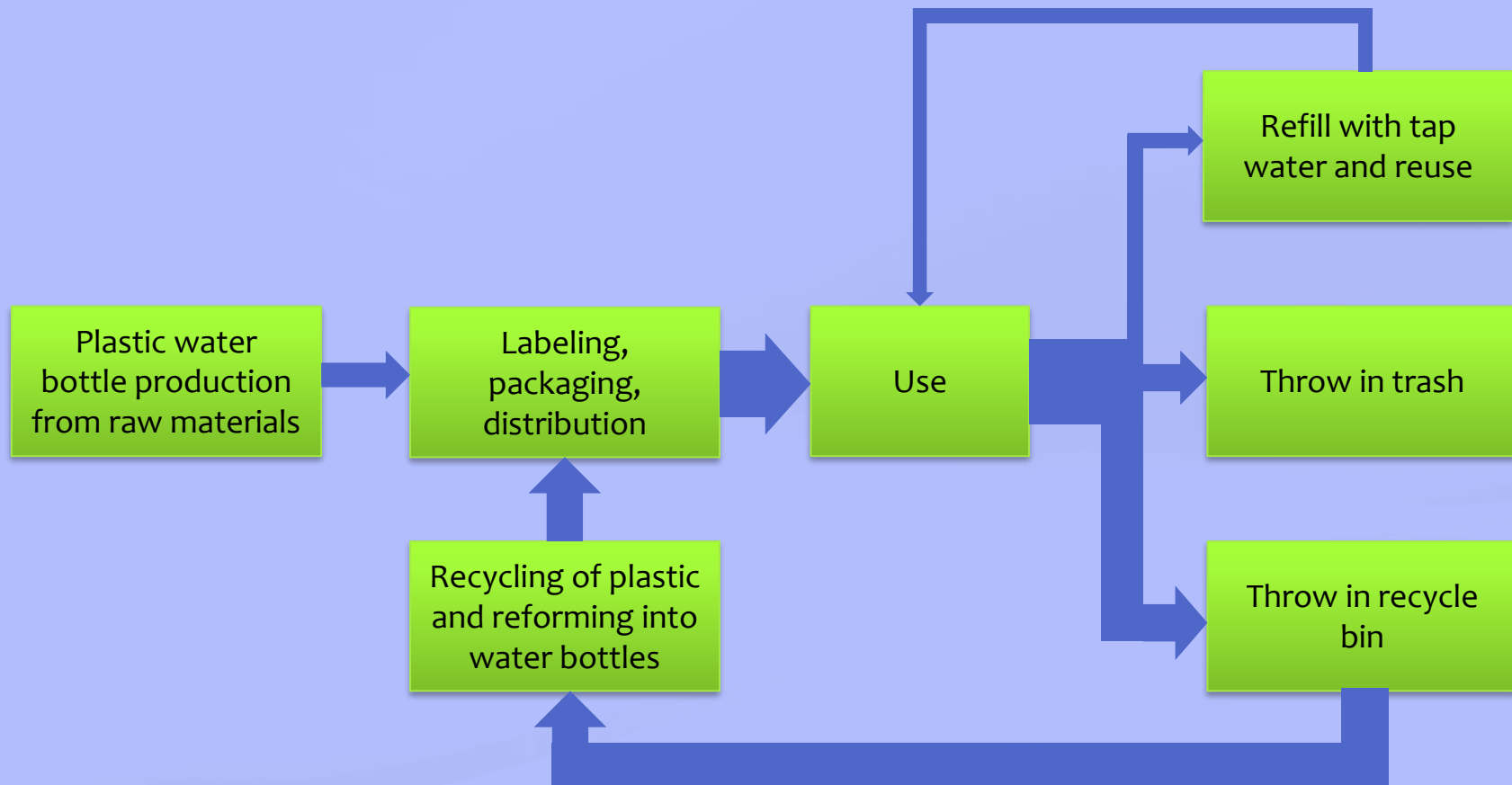




# Product System



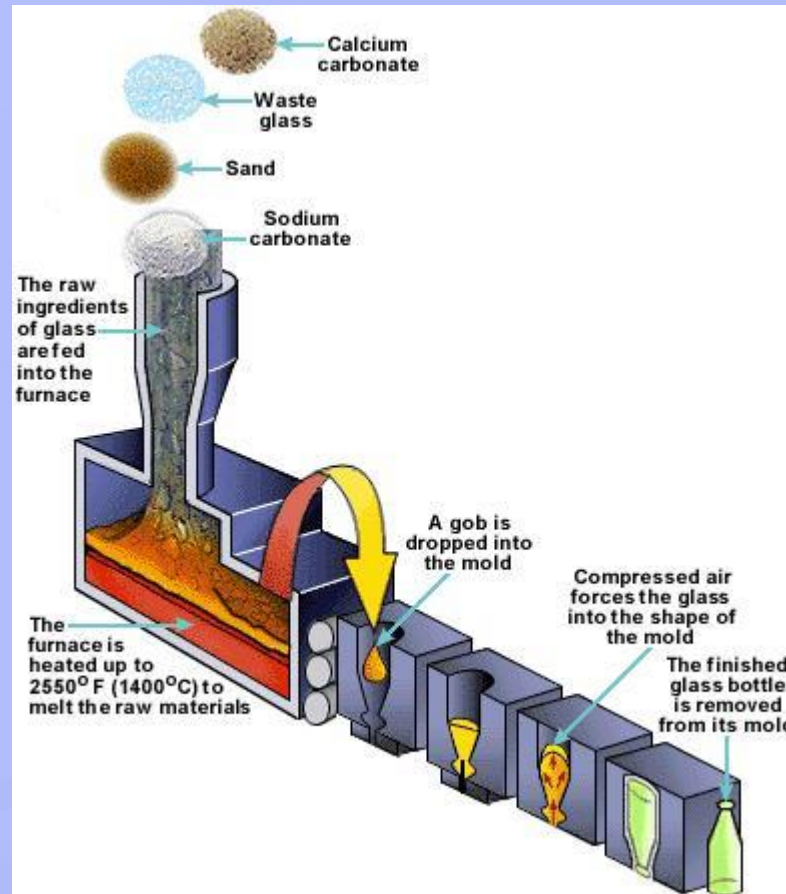
# Product System



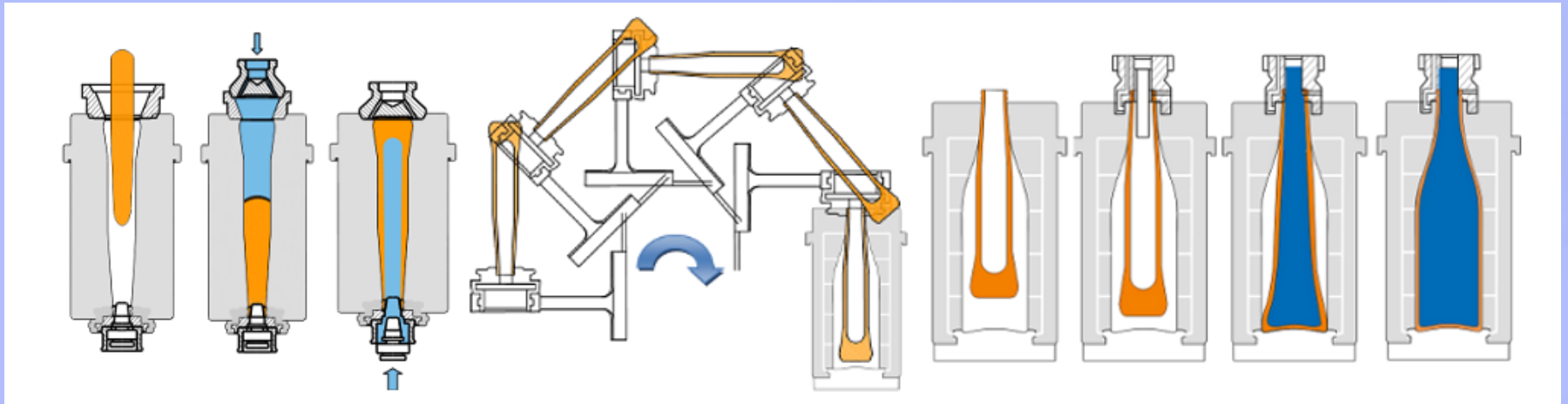
# LCA Example Workshop



# Product System



# Product System



# LCA Example Workshop



# Functional Unit



Functional unit = 50,000 passenger-miles traveled

Collect input/output data based on how much of the function is accomplished



Express inputs/outputs in terms of one unit of function



Multiply by value of functional unit

# Functional Unit

## Manufacture

1,000 lb steel per car  
which lasts for 100,000  
miles at average  
occupancy of 1.5  
persons

## Use

*Gaseous emissions:*  
20 lb CO<sub>2</sub> per gallon of  
gas, which powers car for  
28 miles w/ 1.5 pass

*Brake/tire wear:*  
0.2 lb PM<sub>10</sub> per 60000  
miles w/ 1.5 passengers

## Disposal

1,000 lb steel to be  
recycled per car

Collect input/output  
data based on how  
much of the function  
is accomplished



Express  
inputs/outputs in  
terms of one unit of  
function



Multiply by value of  
functional unit





# Functional Unit

## Manufacture

$$\frac{1000 \text{ lb steel}}{100,000 \text{ mi} \cdot 1.5 \text{ pass}} = 0.0067 \frac{\text{lb steel}}{\text{pass} \cdot \text{mi}}$$

## Use

### *Gaseous emissions:*

$$\frac{20 \text{ lb CO}_2}{1 \text{ gal gas}} * \frac{1 \text{ gal}}{28 \text{ mi} \cdot 1.5 \text{ pass}} = 0.48 \frac{\text{lb CO}_2}{\text{pass} \cdot \text{mi}}$$

## Disposal

$$\frac{1000 \text{ lb steel}}{100,000 \text{ mi} \cdot 1.5 \text{ pass}} = 0.0067 \frac{\text{lb steel}}{\text{pass} \cdot \text{mi}}$$

### *Brake/tire wear:*

$$\frac{0.2 \text{ lb PM}_{10}}{60000 \text{ mi} \cdot 1.5 \text{ pass}} = 2.2 \times 10^{-6} \frac{\text{lb PM}_{10}}{\text{pass} \cdot \text{mi}}$$

Collect input/output data based on how much of the function is accomplished



Express inputs/outputs in terms of one unit of function



Multiply by value of functional unit



# Functional Unit

## Manufacture

$$0.0067 \frac{\text{lb steel}}{\text{pass*mi}} * 50,000 p * m$$
$$=$$
$$335 \text{ lb steel}$$

## Use

*Gaseous emissions:*

$$0.48 \frac{\text{lb CO}_2}{\text{pass*mi}} * 50,000 p * m$$
$$=$$
$$24,000 \text{ lb CO}_2$$

*Brake/tire wear:*

$$2.2 \times 10^{-6} \frac{\text{lb PM}_{10}}{\text{pass*mi}} * 50,000 p * m$$
$$=$$
$$0.11 \text{ lb PM}_{10}$$

## Disposal

$$0.0067 \frac{\text{lb steel}}{\text{pass*mi}} * 50,000 p * m$$
$$=$$
$$335 \text{ lb steel}$$

Collect input/output data based on how much of the function is accomplished



Express inputs/outputs in terms of one unit of function



Multiply by value of functional unit



# LCA Example Workshop

## Scope

### Functional unit

**What functional unit for bottled water should we choose??**

**~ 20 minutes group work**

# LCI

**Data collection – depends on the goals and scope of our research.**

- What shall be taken into account:
  - System boundaries
  - Geography
  - Time of data collection
  - Functional Unit
  - Allocation methods
  - But most importantly: **Time and Money!!**

# LCI

1. Consider goal and scope
2. Prepare for data collection
3. Collect data
4. Validate data
5. Relate data to unit process and allocations (reuse, etc.)
6. Relate data to functional unit
7. Aggregate data
8. Refine system boundary
9. Revise, repeat as needed

*Already  
done if  
using  
database*

*Already done if  
data from  
literature*

# Data

## PET Bottle



## Glass Bottle



PET Bottle	17,27 [g]	Glass Bottle	165,3 [g]
Plastic Cap	2,73 [g]	Metal Cap	1,44 [g]
Label	0,88 [g]	Label	0,4 [g]

# LCIA

- LCI results while interesting do not give us any specific information about the environmental impact of a particular product
- LCI results should be interpreted and characterised into impact categories
- There are many characterisation methods available, many of them with normalisation and weighting options

# Step 3 – Method example

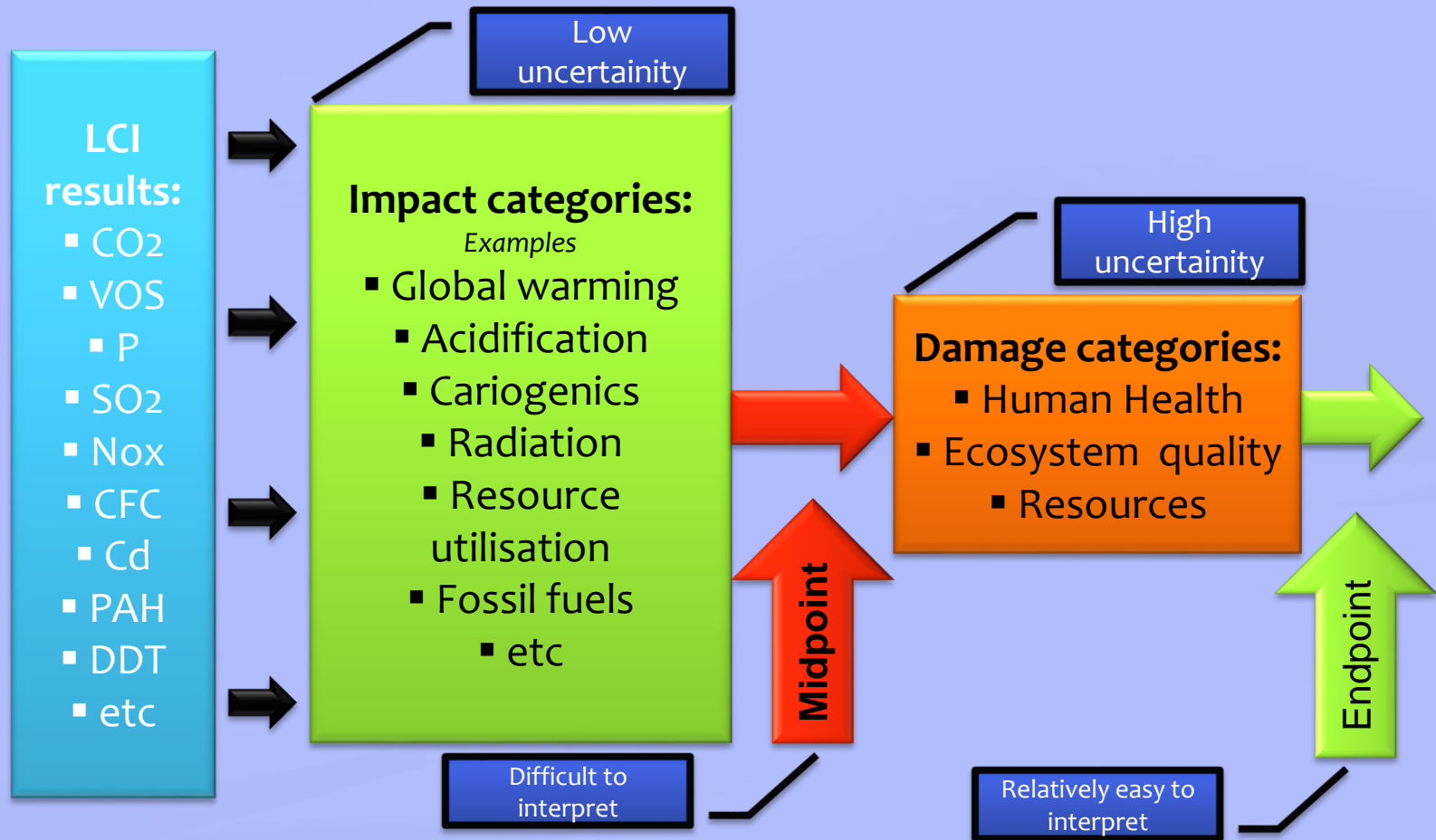
## CML 2000

LCI result	Climate change	Acidification	Human toxicity
1000 gr CO2	$x 1 = 1000$		Human toxicity potentials
10 gr. CH4	$x 23 = 230$		
10 gr. SO2	CO2-eq.	$x 1 = 10$	$x 9.6E-2 = 0.96$
5 gr. NOx		$x 0.7 = 3.5$	$x 1.2 = 6$
1E-7 gr dioxine		SO2-eq.	$x 1.3E9 = 130$
Total	1230	13.5	136.96



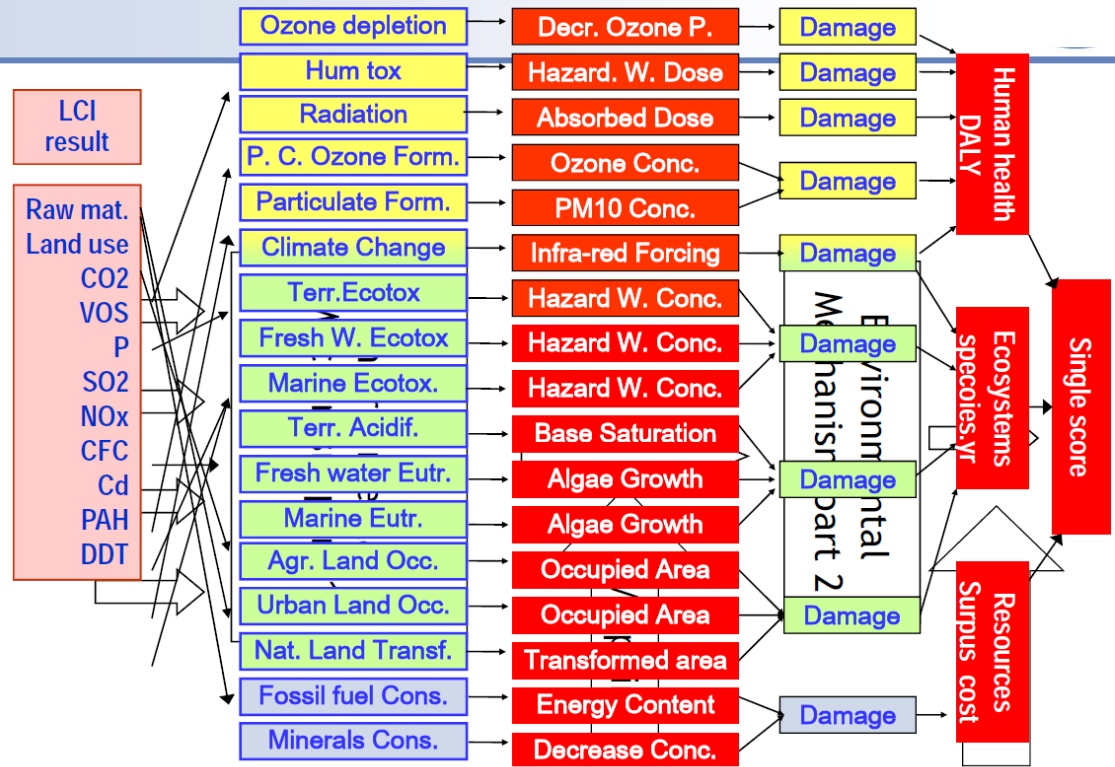
# Step 3 –

## Midpoint and Endpoint in a method



# Step 3 –

# Midpoint and Endpoint in a method

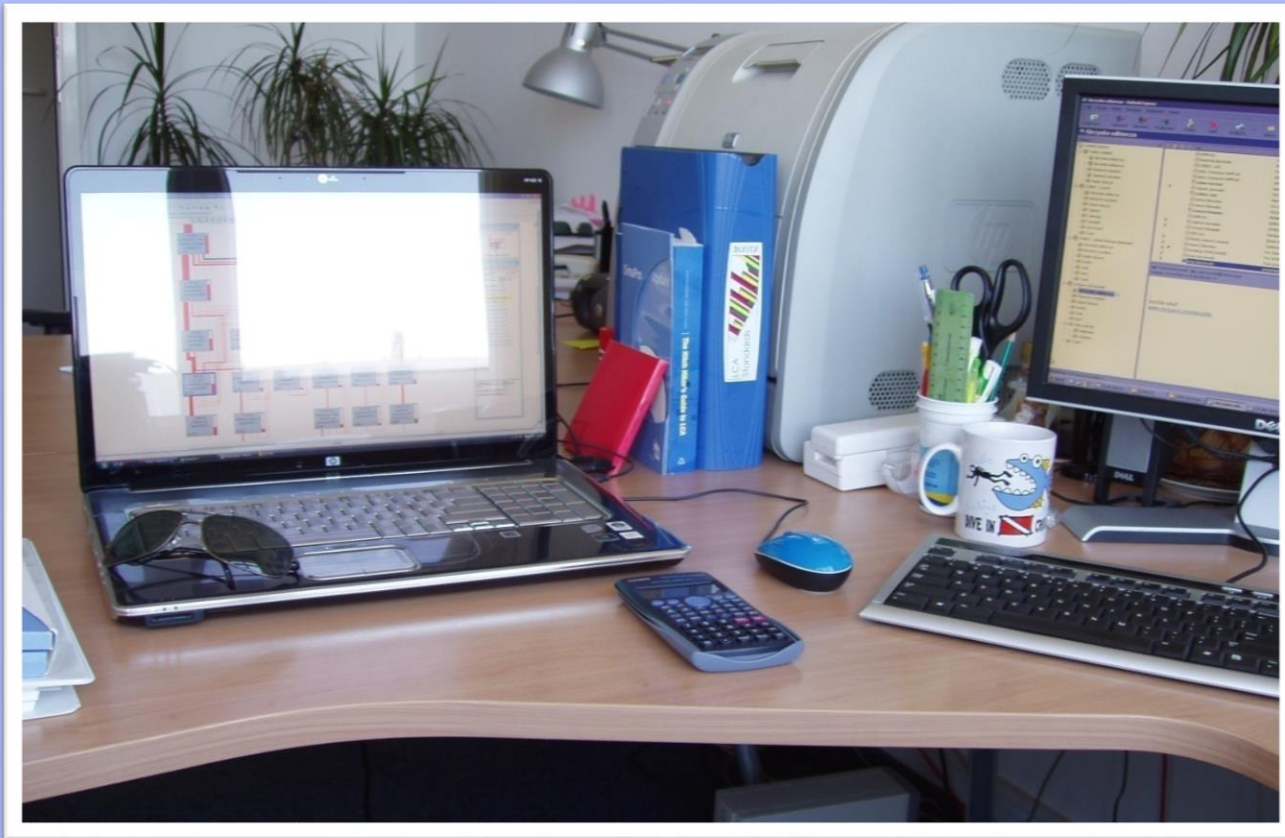


# Step 4 - Interpretation

**ISO 14044 standard recommends that before drawing conclusions and preparing a report from 3 previous steps, following elements should be checked:**

- Check consistency of results with goal and scope definitions
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- Check for anomalies (use best judgment)
- Check whether the method is consistent with assessed product
- Some methods omit substances present in the LCI – check whether the number of omitted substances influence the result by choosing a different method
- LCA is not objective, therefore it is helpful to check how the LCA results are dependent on our choices throughout the process.
- Perform uncertainty and sensitivity analysis where logical and possible. Prepare few scenarios.

# Thank you!!



## LCA Workstation